

# The World Anti-Doping Code

# THE 2010 PROHIBITED LIST INTERNATIONAL STANDARD

The official text of the *Prohibited List* shall be maintained by WADA and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.

**This List shall come into effect on 1 January 2010**

# THE 2010 PROHIBITED LIST WORLD ANTI-DOPING CODE

Valid 1 January 2010

All *Prohibited Substances* shall be considered as "Specified Substances" except Substances in classes S1, S2.1 to S2.5, S.4.4 and S6.a, and *Prohibited Methods* M1, M2 and M3.

## SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

### PROHIBITED SUBSTANCES

#### S1. ANABOLIC AGENTS

Anabolic agents are prohibited.

##### 1. Anabolic Androgenic Steroids (AAS)

a. Exogenous\* AAS, including:

**1-androstendiol** (5 $\alpha$ -androst-1-ene-3 $\beta$ ,17 $\beta$ -diol ); **1-androstendione** (5 $\alpha$ -androst-1-ene-3,17-dione); **bolandiol** (19-norandrostenediol); **bolasterone**; **boldenone**; **boldione** (androsta-1,4-diene-3,17-dione); **calusterone**; **clostebol**; **danazol** (17 $\alpha$ -ethynyl-17 $\beta$ -hydroxyandrost-4-eno[2,3-d]isoxazole); **dehydrochlormethyltestosterone** (4-chloro-17 $\beta$ -hydroxy-17 $\alpha$ -methylandrosta-1,4-dien-3-one); **desoxymethyltestosterone** (17 $\alpha$ -methyl-5 $\alpha$ -androst-2-en-17 $\beta$ -ol); **drostanolone**; **ethylestrenol** (19-nor-17 $\alpha$ -pregn-4-en-17-ol); **fluoxymesterone**; **formebolone**; **furazabol** (17 $\beta$ -hydroxy-17 $\alpha$ -methyl-5 $\alpha$ -androstando[2,3-c]-furazan); **gestrinone**; **4-hydroxytestosterone** (4,17 $\beta$ -dihydroxyandrost-4-en-3-one); **mestanolone**; **mesterolone**; **metenolone**; **methandienone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylandrosta-1,4-dien-3-one); **methandriol**; **methasterone** (2 $\alpha$ , 17 $\alpha$ -dimethyl-5 $\alpha$ -androstande-3-one-17 $\beta$ -ol); **methyldienolone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylestra-4,9-dien-3-one); **methyl-1-testosterone** (17 $\beta$ -hydroxy-17 $\alpha$ -methyl-5 $\alpha$ -androst-1-en-3-one); **methylnortestosterone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylestr-4-en-3-one); **methyltestosterone**; **metribolone** (methyltrienolone, 17 $\beta$ -hydroxy-17 $\alpha$ -methylestra-4,9,11-trien-3-one); **mibolerone**; **nandrolone**; **19-norandrostenedione** (estr-4-ene-3,17-dione); **norboletone**; **norclostebol**; **norethandrolone**; **oxabolone**; **oxandrolone**; **oxymesterone**; **oxymetholone**; **prostanazol** (17 $\beta$ -hydroxy-5 $\alpha$ -androstando[3,2-c] pyrazole); **quinbolone**;

**stanozolol; stenbolone; 1-testosterone** (17 $\beta$ -hydroxy-5 $\alpha$ -androst-1-en-3-one); **tetrahydrogestrinone** (18 $\alpha$ -homo-pregna-4,9,11-trien-17 $\beta$ -ol-3-one); **trenbolone** and other substances with a similar chemical structure or similar biological effect(s).

b. Endogenous\*\* AAS when administered exogenously:

**androstenediol** (androst-5-ene-3 $\beta$ ,17 $\beta$ -diol); **androstenedione** (androst-4-ene-3,17-dione); **dihydrotestosterone** (17 $\beta$ -hydroxy-5 $\alpha$ -androstan-3-one) ; **prasterone** (dehydroepiandrosterone, DHEA); **testosterone** and the following metabolites and isomers:

**5 $\alpha$ -androstane-3 $\alpha$ ,17 $\alpha$ -diol; 5 $\alpha$ -androstane-3 $\alpha$ ,17 $\beta$ -diol; 5 $\alpha$ -androstane-3 $\beta$ ,17 $\alpha$ -diol; 5 $\alpha$ -androstane-3 $\beta$ ,17 $\beta$ -diol; androst-4-ene-3 $\alpha$ ,17 $\alpha$ -diol; androst-4-ene-3 $\alpha$ ,17 $\beta$ -diol; androst-4-ene-3 $\beta$ ,17 $\alpha$ -diol; androst-5-ene-3 $\alpha$ ,17 $\alpha$ -diol; androst-5-ene-3 $\alpha$ ,17 $\beta$ -diol; androst-5-ene-3 $\beta$ ,17 $\alpha$ -diol; 4-androstenediol** (androst-4-ene-3 $\beta$ ,17 $\beta$ -diol); **5-androstenedione** (androst-5-ene-3,17-dione); **epi-dihydrotestosterone; epitestosterone; 3 $\alpha$ -hydroxy-5 $\alpha$ -androstan-17-one; 3 $\beta$ -hydroxy-5 $\alpha$ -androstan-17-one; 19-norandrosterone; 19-noretiocholanolone.**

## **2. Other Anabolic Agents, including but not limited to:**

**Clenbuterol, selective androgen receptor modulators (SARMs), tibolone, zeranol, zilpaterol.**

*For purposes of this section:*

\* "exogenous" refers to a substance which is not ordinarily capable of being produced by the body naturally.

\*\* "endogenous" refers to a substance which is capable of being produced by the body naturally.

## **S2. PEPTIDE HORMONES, GROWTH FACTORS AND RELATED SUBSTANCES**

The following substances and their releasing factors are prohibited:

- 1. Erythropoiesis-Stimulating Agents [e.g. erythropoietin (EPO), darbepoetin (dEPO), methoxy polyethylene glycol-epoetin beta (CERA), hematide];**
- 2. Chorionic Gonadotrophin (CG) and Luteinizing Hormone (LH) in males;**
- 3. Insulins;**
- 4. Corticotrophins;**

5. **Growth Hormone (GH), Insulin-like Growth Factor-1 (IGF-1), Mechano Growth Factors (MGFs), Platelet-Derived Growth Factor (PDGF), Fibroblast Growth Factors (FGFs), Vascular-Endothelial Growth Factor (VEGF) and Hepatocyte Growth Factor (HGF)** as well as any other growth factor affecting muscle, tendon or ligament protein synthesis/degradation, vascularisation, energy utilization, regenerative capacity or fibre type switching;
6. **Platelet-derived preparations (e.g. Platelet Rich Plasma, “blood spinning”)** administered by intramuscular route. Other routes of administration require a declaration of *Use* in accordance with the International Standard for Therapeutic Use Exemptions.

and other substances with similar chemical structure or similar biological effect(s).

### **S3. BETA-2 AGONISTS**

All beta-2 agonists (including both optical isomers where relevant) are prohibited except salbutamol (maximum 1600 micrograms over 24 hours) and salmeterol by inhalation which require a declaration of *Use* in accordance with the International Standard for Therapeutic Use Exemptions.

The presence of salbutamol in urine in excess of 1000 ng/mL is presumed not to be an intended therapeutic use of the substance and will be considered as an *Adverse Analytical Finding* unless the *Athlete* proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of the use of a therapeutic dose (maximum 1600 micrograms over 24 hours) of inhaled salbutamol.

### **S4. HORMONE ANTAGONISTS AND MODULATORS**

The following classes are prohibited:

1. **Aromatase inhibitors** including, but not limited to: **aminoglutethimide, anastrozole, androsta-1,4,6-triene-3,17-dione (androstatrienedione), 4-androstene-3,6,17 trione (6-oxo), exemestane, formestane, letrozole, testolactone.**
2. **Selective estrogen receptor modulators (SERMs)** including, but not limited to: **raloxifene, tamoxifen, toremifene.**
3. **Other anti-estrogenic substances** including, but not limited to: **clomiphene, cyclofenil, fulvestrant.**

4. **Agents modifying myostatin function(s)** including but not limited to: **myostatin inhibitors.**

## **S5. DIURETICS AND OTHER MASKING AGENTS**

Masking agents are prohibited. They include:

**Diuretics, probenecid, plasma expanders** (e.g. **glycerol**; intravenous administration of **albumin, dextran, hydroxyethyl starch** and **mannitol**) and other substances with similar biological effect(s).

Diuretics include:

**Acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides** (e.g. **bendroflumethiazide, chlorothiazide, hydrochlorothiazide**), **triamterene**, and other substances with a similar chemical structure or similar biological effect(s) (except drosperinone, pamabrom and topical dorzolamide and brinzolamide, which are not prohibited).

A Therapeutic Use Exemption for diuretics and masking agents is not valid if an *Athlete's* urine contains such substance(s) in association with threshold or sub-threshold levels of an exogenous *Prohibited Substance(s)*.

# PROHIBITED METHODS

## **M1. ENHANCEMENT OF OXYGEN TRANSFER**

The following are prohibited:

1. Blood doping, including the use of autologous, homologous or heterologous blood or red blood cell products of any origin.
2. Artificially enhancing the uptake, transport or delivery of oxygen, including but not limited to perfluorochemicals, efaproxiral (RSR13) and modified haemoglobin products (e.g. haemoglobin-based blood substitutes, microencapsulated haemoglobin products), excluding supplemental oxygen.

## **M2. CHEMICAL AND PHYSICAL MANIPULATION**

1. *Tampering*, or attempting to tamper, in order to alter the integrity and validity of *Samples* collected during *Doping Controls* is prohibited. These include but are not limited to catheterisation, urine substitution and/or adulteration (e.g. proteases).
2. Intravenous infusions are prohibited except for those legitimately received in the course of hospital admissions or clinical investigations.

## **M3. GENE DOPING**

The following, with the potential to enhance athletic performance, are prohibited:

- 1- The transfer of cells or genetic elements (e.g. DNA, RNA);
- 2- The use of pharmacological or biological agents that alter gene expression.

Peroxisome Proliferator Activated Receptor  $\delta$  (PPAR $\delta$ ) agonists (e.g. GW 1516) and PPAR $\delta$ -AMP-activated protein kinase (AMPK) axis agonists (e.g. AICAR) are prohibited.

# SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION

**In addition to the categories S1 to S5 and M1 to M3 defined above,  
the following categories are prohibited in competition:**

## PROHIBITED SUBSTANCES

### **S6. STIMULANTS**

All stimulants (including both optical isomers where relevant) are prohibited, except imidazole derivatives for topical use and those stimulants included in the 2010 Monitoring Program\*.

Stimulants include:

a: Non-Specified Stimulants:

**Adrafinil; amfepramone; amiphenazole; amphetamine; amphetaminil;  
benfluorex; benzphetamine; benzylpiperazine; bromantan; clobenzorex;  
cocaine; cropropamide; crotetamide; dimethylamphetamine;  
etilamphetamine; famprofazone; fencamine; fenetylline; fenfluramine;  
fenproporex; furfenorex; mefenorex; mephentermine; mesocarb;  
methamphetamine(*d*-); p-methylamphetamine;  
methylenedioxyamphetamine; methylenedioxymethamphetamine;  
methylhexaneamine (dimethylpentylamine); modafinil; norfenfluramine;  
phendimetrazine; phenmetrazine; phentermine; 4-phenylpiracetam  
(carphedon); prenylamine; prolintane.**

A stimulant not expressly listed in this section is a Specified Substance.

b: Specified Stimulants (examples):

**Adrenaline\*\*; cathine\*\*\*; ephedrine\*\*\*\*; etamivan; etilefrine; fenbutrazate;  
fencamfamin; heptaminol; isometheptene; levmetamphetamine;  
meclofenoxate; methylephedrine\*\*\*\*; methylphenidate; nikethamide;  
norfenefrine; octopamine; oxilofrine; parahydroxyamphetamine;  
pemoline; pentetrazol; phenpromethamine; propylhexedrine;  
pseudoephedrine\*\*\*\*; selegiline; sibutramine; strychnine;  
tuaminoheptane** and other substances with a similar chemical structure or  
similar biological effect(s).

\* The following substances included in the 2010 Monitoring Program (bupropion, caffeine, phenylephrine, phenylpropanolamine, piperadol, synephrine) are not considered as *Prohibited Substances*.

\*\* **Adrenaline** associated with local anaesthetic agents or by local administration (e.g. nasal, ophthalmologic) is not prohibited.

\*\*\* **Cathine** is prohibited when its concentration in urine is greater than 5 micrograms per milliliter.

\*\*\*\* Each of **ephedrine** and **methylephedrine** is prohibited when its concentration in urine is greater than 10 micrograms per milliliter.

\*\*\*\*\* **Pseudoephedrine** is prohibited when its concentration in urine is greater than 150 micrograms per milliliter.

## **S7. NARCOTICS**

The following narcotics are prohibited:

**Buprenorphine, dextromoramide, diamorphine (heroin), fentanyl and its derivatives, hydromorphone, methadone, morphine, oxycodone, oxymorphone, pentazocine, pethidine.**

## **S8. CANNABINOIDS**

Natural or synthetic  $\Delta^9$ -tetrahydrocannabinol (THC) and THC-like cannabinoids (e.g. hashish, marijuana, HU-210) are prohibited.

## **S9. GLUCOCORTICOSTEROIDS**

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

In accordance with the International Standard for Therapeutic Use Exemptions, a declaration of *Use* must be completed by the *Athlete* for glucocorticosteroids administered by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes, except as noted below.

Topical preparations when used for auricular, buccal, dermatological (including iontophoresis/phonophoresis), gingival, nasal, ophthalmic and perianal disorders are not prohibited and require neither a Therapeutic Use Exemption nor a declaration of *Use*.



# SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

## **P1. ALCOHOL**

Alcohol (ethanol) is prohibited *In-Competition* only, in the following sports. Detection will be conducted by analysis of breath and/or blood. The doping violation threshold (haematological values) is 0.10 g/L.

- Aeronautic (FAI)
- Archery (FITA)
- Automobile (FIA)
- Karate (WKF)
- Modern Pentathlon (UIPM) for disciplines involving shooting
- Motorcycling (FIM)
- Ninepin and Tenpin Bowling (FIQ)
- Powerboating (UIM)

## **P2. BETA-BLOCKERS**

Unless otherwise specified, beta-blockers are prohibited *In-Competition* only, in the following sports.

- Aeronautic (FAI)
- Archery (FITA) (also prohibited *Out-of-Competition*)
- Automobile (FIA)
- Billiards and Snooker (WCBS)
- Bobsleigh (FIBT)
- Boules (CMSB)
- Bridge (FMB)
- Curling (WCF)
- Golf (IGF)
- Gymnastics (FIG)
- Motorcycling (FIM)
- Modern Pentathlon (UIPM) for disciplines involving shooting
- Ninepin and Tenpin Bowling (FIQ)
- Powerboating (UIM)
- Sailing (ISAF) for match race helms only
- Shooting (ISSF, IPC) (also prohibited *Out-of-Competition*)
- Skiing/Snowboarding (FIS) in ski jumping, freestyle aerials/halfpipe and snowboard halfpipe/big air
- Wrestling (FILA)

Beta-blockers include, but are not limited to, the following:

**Acebutolol, alprenolol, atenolol, betaxolol, bisoprolol, bunolol, carteolol, carvedilol, celiprolol, esmolol, labetalol, levobunolol, metipranolol, metoprolol, nadolol, oxprenolol, pindolol, propranolol, sotalol, timolol.**



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**This List shall come into effect on 1 January 2011**

# THE 2011 PROHIBITED LIST WORLD ANTI-DOPING CODE

Valid 1 January 2011

All *Prohibited Substances* shall be considered as "Specified Substances" except Substances in classes S1, S2.1 to S2.5, S.4.4 and S6.a, and *Prohibited Methods* M1, M2 and M3.

## SUBSTANCES AND METHODS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

### S0. NON-APPROVED SUBSTANCES

Any pharmacological substance which is not addressed by any of the subsequent sections of the List and with no current approval by any governmental regulatory health authority for human therapeutic use (i.e. drugs under pre-clinical or clinical development or discontinued) is prohibited at all times.

## PROHIBITED SUBSTANCES

### S1. ANABOLIC AGENTS

Anabolic agents are prohibited.

#### 1. Anabolic Androgenic Steroids (AAS)

a. Exogenous\* AAS, including:

**1-androstenediol** (5 $\alpha$ -androst-1-ene-3 $\beta$ ,17 $\beta$ -diol ); **1-androstenedione** (5 $\alpha$ -androst-1-ene-3,17-dione); **bolandioli** (19-norandrostenediol); **bolasterone**; **boldenone**; **boldione** (androsta-1,4-diene-3,17-dione); **calusterone**; **clostebol**; **danazol** (17 $\alpha$ -ethynyl-17 $\beta$ -hydroxyandrost-4-eno[2,3-d]isoxazole); **dehydrochlormethyltestosterone** (4-chloro-17 $\beta$ -hydroxy-17 $\alpha$ -methylandrosta-1,4-dien-3-one); **desoxymethyltestosterone** (17 $\alpha$ -methyl-5 $\alpha$ -androst-2-en-17 $\beta$ -ol); **drostanolone**; **ethylestrenol** (19-nor-17 $\alpha$ -pregn-4-en-17-ol); **fluoxymesterone**; **formebolone**; **furazabol** (17 $\beta$ -hydroxy-17 $\alpha$ -methyl-5 $\alpha$ -

androstano[2,3-c]-furazan); **gestrinone**; **4-hydroxytestosterone** (4,17 $\beta$ -dihydroxyandrost-4-en-3-one); **mestanolone**; **mesterolone**; **metenolone**; **methandienone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylandrosta-1,4-dien-3-one); **methandriol**; **methasterone** (2 $\alpha$ , 17 $\alpha$ -dimethyl-5 $\alpha$ -androstane-3-one-17 $\beta$ -ol); **methyldienolone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylestra-4,9-dien-3-one); **methyl-1-testosterone** (17 $\beta$ -hydroxy-17 $\alpha$ -methyl-5 $\alpha$ -androst-1-en-3-one); **methylnortestosterone** (17 $\beta$ -hydroxy-17 $\alpha$ -methylestr-4-en-3-one); **methyltestosterone**; **metribolone** (methyltrienolone, 17 $\beta$ -hydroxy-17 $\alpha$ -methylestra-4,9,11-trien-3-one); **mibolerone**; **nandrolone**; **19-norandrostenedione** (estr-4-ene-3,17-dione); **norboletone**; **norclostebol**; **norethandrolone**; **oxabolone**; **oxandrolone**; **oxymesterone**; **oxymetholone**; **prostanzol** (17 $\beta$ -hydroxy-5 $\alpha$ -androstano[3,2-c] pyrazole); **quinbolone**; **stanozolol**; **stenbolone**; **1-testosterone** (17 $\beta$ -hydroxy-5 $\alpha$ -androst-1-en-3-one); **tetrahydrogestrinone** (18 $\alpha$ -homo-pregna-4,9,11-trien-17 $\beta$ -ol-3-one); **trenbolone**; and other substances with a similar chemical structure or similar biological effect(s).

b. Endogenous\*\* AAS when administered exogenously:

**androstenediol** (androst-5-ene-3 $\beta$ ,17 $\beta$ -diol); **androstenedione** (androst-4-ene-3,17-dione); **dihydrotestosterone** (17 $\beta$ -hydroxy-5 $\alpha$ -androst-3-one); **prasterone** (dehydroepiandrosterone, DHEA); **testosterone** and the following metabolites and isomers:

**5 $\alpha$ -androstane-3 $\alpha$ ,17 $\alpha$ -diol**; **5 $\alpha$ -androstane-3 $\alpha$ ,17 $\beta$ -diol**; **5 $\alpha$ -androstane-3 $\beta$ ,17 $\alpha$ -diol**; **5 $\alpha$ -androstane-3 $\beta$ ,17 $\beta$ -diol**; **androst-4-ene-3 $\alpha$ ,17 $\alpha$ -diol**; **androst-4-ene-3 $\alpha$ ,17 $\beta$ -diol**; **androst-4-ene-3 $\beta$ ,17 $\alpha$ -diol**; **androst-5-ene-3 $\alpha$ ,17 $\alpha$ -diol**; **androst-5-ene-3 $\alpha$ ,17 $\beta$ -diol**; **androst-5-ene-3 $\beta$ ,17 $\alpha$ -diol**; **4-androstenediol** (androst-4-ene-3 $\beta$ ,17 $\beta$ -diol); **5-androstenedione** (androst-5-ene-3,17-dione); **epi-dihydrotestosterone**; **epitestosterone**; **3 $\alpha$ -hydroxy-5 $\alpha$ -androst-17-one**; **3 $\beta$ -hydroxy-5 $\alpha$ -androst-17-one**; **19-norandrosterone**; **19-noretiocholanolone**.

## **2. Other Anabolic Agents, including but not limited to:**

**Clenbuterol, selective androgen receptor modulators (SARMs), tibolone, zeranol, zilpaterol.**

*For purposes of this section:*

\* "exogenous" refers to a substance which is not ordinarily capable of being produced by the body naturally.

\*\* "endogenous" refers to a substance which is capable of being produced by the body naturally.

## **S2. PEPTIDE HORMONES, GROWTH FACTORS AND RELATED SUBSTANCES**

The following substances and their releasing factors are prohibited:

1. **Erythropoiesis-Stimulating Agents [e.g. erythropoietin (EPO), darbepoetin (dEPO), hypoxia-inducible factor (HIF) stabilizers, methoxy polyethylene glycol-epoetin beta (CERA), peginesatide (Hematide)];**
2. **Chorionic Gonadotrophin (CG) and Luteinizing Hormone (LH) in males;**
3. **Insulins;**
4. **Corticotrophins;**
5. **Growth Hormone (GH), Insulin-like Growth Factor-1 (IGF-1), Fibroblast Growth Factors (FGFs), Hepatocyte Growth Factor (HGF), Mechano Growth Factors (MGFs), Platelet-Derived Growth Factor (PDGF), Vascular-Endothelial Growth Factor (VEGF) as well as any other growth factor affecting muscle, tendon or ligament protein synthesis/degradation, vascularisation, energy utilization, regenerative capacity or fibre type switching;**

and other substances with similar chemical structure or similar biological effect(s).

## **S3. BETA-2 AGONISTS**

All beta-2 agonists (including both optical isomers where relevant) are prohibited except salbutamol (maximum 1600 micrograms over 24 hours) and salmeterol when taken by inhalation in accordance with the manufacturers' recommended therapeutic regime.

The presence of salbutamol in urine in excess of 1000 ng/mL is presumed not to be an intended therapeutic use of the substance and will be considered as an *Adverse Analytical Finding* unless the *Athlete* proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of the use of a therapeutic dose (maximum 1600 micrograms over 24 hours) of inhaled salbutamol.

#### **S4. HORMONE ANTAGONISTS AND MODULATORS**

The following classes are prohibited:

1. **Aromatase inhibitors** including, but not limited to: **aminoglutethimide, anastrozole, androsta-1,4,6-triene-3,17-dione (androstatrienedione), 4-androstene-3,6,17 trione (6-oxo), exemestane, formestane, letrozole, testolactone.**
2. **Selective estrogen receptor modulators (SERMs)** including, but not limited to: **raloxifene, tamoxifen, toremifene.**
3. **Other anti-estrogenic substances** including, but not limited to: **clomiphene, cyclofenil, fulvestrant.**
4. **Agents modifying myostatin function(s)** including, but not limited, to: **myostatin inhibitors.**

#### **S5. DIURETICS AND OTHER MASKING AGENTS**

Masking agents are prohibited. They include:

**Diuretics, desmopressin, plasma expanders** (e.g. **glycerol**; intravenous administration of **albumin, dextran, hydroxyethyl starch** and **mannitol**), **probenecid**; and other substances with similar biological effect(s).

Diuretics include:

**Acetazolamide, amiloride, bumetanide, canrenone, chlorthalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides** (e.g. **bendroflumethiazide, chlorothiazide, hydrochlorothiazide**), **triamterene**; and other substances with a similar chemical structure or similar biological effect(s) (except drosperinone, pamabrom and topical dorzolamide and brinzolamide, which are not prohibited).

The use *In-* and *Out-of-Competition*, as applicable, of any quantity of a substance subject to threshold limits (i.e. salbutamol, morphine, cathine, ephedrine, methylephedrine and pseudoephedrine) in conjunction with a diuretic or other masking agent requires the deliverance of a specific Therapeutic Use Exemption for that substance in addition to the one granted for the diuretic or other masking agent.

## PROHIBITED METHODS

### **M1. ENHANCEMENT OF OXYGEN TRANSFER**

The following are prohibited:

1. Blood doping, including the use of autologous, homologous or heterologous blood or red blood cell products of any origin.
2. Artificially enhancing the uptake, transport or delivery of oxygen, including, but not limited to, perfluorochemicals, efaproxiral (RSR13) and modified haemoglobin products (e.g. haemoglobin-based blood substitutes, microencapsulated haemoglobin products), excluding supplemental oxygen.

### **M2. CHEMICAL AND PHYSICAL MANIPULATION**

The following is prohibited:

1. *Tampering*, or attempting to tamper, in order to alter the integrity and validity of *Samples* collected during *Doping Control* is prohibited. These include but are not limited to catheterisation, urine substitution and/or adulteration (e.g. proteases).
2. Intravenous infusions are prohibited except for those legitimately received in the course of hospital admissions or clinical investigations.
3. Sequential withdrawal, manipulation and reinfusion of whole blood into the circulatory system is prohibited.

### **M3. GENE DOPING**

The following, with the potential to enhance sport performance, are prohibited:

1. The transfer of nucleic acids or nucleic acid sequences;
2. The use of normal or genetically modified cells;
3. The use of agents that directly or indirectly affect functions known to influence performance by altering gene expression. For example, Peroxisome Proliferator Activated Receptor  $\delta$  (PPAR $\delta$ ) agonists (e.g. GW 1516) and PPAR $\delta$ -AMP-activated protein kinase (AMPK) axis agonists (e.g. AICAR) are prohibited.

# SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION

**In addition to the categories S0 to S5 and M1 to M3 defined above,  
the following categories are prohibited *In-Competition*:**

## PROHIBITED SUBSTANCES

### **S6. STIMULANTS**

All stimulants (including both optical isomers where relevant) are prohibited, except imidazole derivatives for topical use and those stimulants included in the 2011 Monitoring Program\*.

Stimulants include:

a: Non-Specified Stimulants:

**Adrafinil; amfepramone; amiphenazole; amphetamine; amphetaminil;  
benfluorex; benzphetamine; benzylpiperazine; bromantan; clobenzorex;  
cocaine; cropropamide; crotetamide; dimethylamphetamine;  
etilamphetamine; famprofazone; fencamine; fenetylline; fenfluramine;  
fenproporex; furfenorex; mefenorex; mephentermine; mesocarb;  
methamphetamine(*d*-); p-methylamphetamine;  
methylenedioxyamphetamine; methylenedioxymethamphetamine;  
modafinil; norfenfluramine; phendimetrazine; phenmetrazine;  
phentermine; 4-phenylpiracetam (carphedon); prenylamine; prolintane.**  
A stimulant not expressly listed in this section is a Specified Substance.

b: Specified Stimulants (examples):

**Adrenaline<sup>\*\*</sup>; cathine<sup>\*\*\*</sup>; ephedrine<sup>\*\*\*\*</sup>; etamivan; etilefrine; fenbutrazate;  
fencamfamin; heptaminol; isometheptene; levmetamfetamine;  
meclofenoxate; methylephedrine<sup>\*\*\*\*</sup>; methylhexaneamine  
(dimethylpentylamine); methylphenidate; nikethamide; norfenefrine;  
octopamine; oxilofrine; parahydroxyamphetamine; pemoline;  
pentetrazol; phenpromethamine; propylhexedrine; pseudoephedrine<sup>\*\*\*\*</sup>;  
selegiline; sibutramine; strychnine; tuaminoheptane; and other substances  
with a similar chemical structure or similar biological effect(s).**



\* The following substances included in the 2011 Monitoring Program (bupropion, caffeine, phenylephrine, phenylpropanolamine, piperadol, synephrine) are not considered as *Prohibited Substances*.

\*\* **Adrenaline** associated with local anaesthetic agents or by local administration (e.g. nasal, ophthalmologic) is not prohibited.

\*\*\* **Cathine** is prohibited when its concentration in urine is greater than 5 micrograms per milliliter.

\*\*\*\* Each of **ephedrine** and **methylephedrine** is prohibited when its concentration in urine is greater than 10 micrograms per milliliter.

\*\*\*\*\* **Pseudoephedrine** is prohibited when its concentration in urine is greater than 150 micrograms per milliliter.

## **S7. NARCOTICS**

The following are prohibited:

**Buprenorphine, dextromoramide, diamorphine (heroin), fentanyl and its derivatives, hydromorphone, methadone, morphine, oxycodone, oxymorphone, pentazocine, pethidine.**

## **S8. CANNABINOIDS**

Natural (e.g. cannabis, hashish, marijuana) or synthetic delta 9-tetrahydrocannabinol (THC) and cannabimimetics [e.g. "Spice" (containing JWH018, JWH073), HU-210] are prohibited.

## **S9. GLUCOCORTICOSTEROIDS**

All glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

# SUBSTANCES PROHIBITED IN PARTICULAR SPORTS

## **P1. ALCOHOL**

Alcohol (ethanol) is prohibited *In-Competition* only, in the following sports. Detection will be conducted by analysis of breath and/or blood. The doping violation threshold (haematological values) is 0.10 g/L.

- Aeronautic (FAI)
- Archery (FITA)
- Automobile (FIA)
- Karate (WKF)
- Motorcycling (FIM)
- Ninepin and Tenpin Bowling (FIQ)
- Powerboating (UIM)

## **P2. BETA-BLOCKERS**

Unless otherwise specified, beta-blockers are prohibited *In-Competition* only, in the following sports.

- Aeronautic (FAI)
- Archery (FITA) (also prohibited *Out-of-Competition*)
- Automobile (FIA)
- Billiards and Snooker (WCBS)
- Bobsleigh and Skeleton (FIBT)
- Boules (CMSB)
- Bridge (FMB)
- Curling (WCF)
- Darts (WDF)
- Golf (IGF)
- Motorcycling (FIM)
- Modern Pentathlon (UIPM) for disciplines involving shooting
- Ninepin and Tenpin Bowling (FIQ)
- Powerboating (UIM)
- Sailing (ISAF) for match race helms only
- Shooting (ISSF, IPC) (also prohibited *Out-of-Competition*)
- Skiing/Snowboarding (FIS) in ski jumping, freestyle aerials/halfpipe and snowboard halfpipe/big air
- Wrestling (FILA)

Beta-blockers include, but are not limited to, the following:

**Acebutolol, alprenolol, atenolol, betaxolol, bisoprolol, bunolol, carteolol, carvedilol, celiprolol, esmolol, labetalol, levobunolol, metipranolol, metoprolol, nadolol, oxprenolol, pindolol, propranolol, sotalol, timolol.**



## Bock cleared of doping

[Adelaide Advertiser, Adelaide](#), Sport, [Michael Warner](#)

09 Apr 2016

Page 95 • 488 words • ASR AUD 5,690 • Photo: Yes • Type: News ItemClassification: • Size: 278.00 cm<sup>2</sup> • SA • Australia • Bock • ID: 573499099

[View original](#) - Full text: 488 word(s), ~1 min

### Audience

171,730 CIRCULATION



## BOCK SHOCK

[Herald Sun, Melbourne](#), Sport, [Michael Warner](#)

09 Apr 2016

Page 86 • 607 words • ASR AUD 49,023 • Photo: Yes • Type: News ItemClassification: • Size: 986.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 573508954

[View original](#) - Full text: 607 word(s), ~2 mins

### Audience

347,230 CIRCULATION



## Bock gets all-clear over drug claims

[Hobart Mercury, Hobart](#), Sport

09 Apr 2016

Page 78 • 227 words • ASR AUD 632 • Photo: No • Type: News ItemClassification: • Size: 104.00 cm<sup>2</sup> • TAS • Australia • Bock • ID: 573603248

[View original](#) - Full text: 227 word(s), <1 min

### Audience

45,367 CIRCULATION



## Bock finally in the clear

[Herald Sun, Melbourne](#), Edition Changes, [Michael Warner](#)

09 Apr 2016

Page 88 • 542 words • ASR AUD 13,424 • Photo: No • Type: News ItemClassification: • Size: 270.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 573627625

[View original](#) - Full text: 542 word(s), ~2 mins

### Audience

347,230 CIRCULATION



## ASADA denies hypocrisy for zeroing in on Bombers

[Sunday Telegraph, Sydney](#), Sport

10 Apr 2016

Page 80 • 332 words • ASR AUD 11,164 • Photo: No • Type: News ItemClassification: • Size: 163.00 cm<sup>2</sup> • NSW • Australia • Bock • ID: 573984335

[View original](#) - Full text: 332 word(s), ~1 min

### Audience

439,926 CIRCULATION



## ASADA rejects vendetta claim

[Sunday Age, Melbourne](#), Sport, [Daniel Cherny](#)

10 Apr 2016

Page 5 • 409 words • ASR AUD 12,570 • Photo: No • Type: News ItemClassification: • Size: 188.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 574011290

[View original](#) - Full text: 409 word(s), ~1 min

### Audience

147,017 CIRCULATION



## Big trophy bagged so no bother with Bock

[Sunday Times, Perth](#), Sport, [Mark Robinson](#)

10 Apr 2016

Page 72 • 644 words • ASR AUD 5,641 • Photo: No • Type: News ItemClassification: • Size: 258.00 cm<sup>2</sup> • WA • Australia • Bock • ID: 574034184

[View original](#) - Full text: 644 word(s), ~2 mins

### Audience

204,892 CIRCULATION



## Peptide case against Bock stronger than Essendon evidence, say investigators

[The Australian, Australia](#), Sport, [Chip Le Grand](#)

12 Apr 2016

Page 36 • 1351 words • ASR AUD 10,286 • Photo: Yes • Type: News ItemClassification: • Size: 509.00 cm<sup>2</sup> • National • Australia • Bock • ID: 574799408

[View original](#) - Full text: 1351 word(s), ~5 mins

### Audience

104,774 CIRCULATION



## Dank admission on Bock puts heat on ASADA

[The Australian, Australia](#), Edition Changes - All-round First, [Chip Le Grand](#)

13 Apr 2016

Page 36 • 564 words • ASR AUD 4,688 • Photo: No • Type: News ItemClassification: • Size: 232.00 cm<sup>2</sup> • National • Australia • Bock • ID: 575447741

[View original](#) - Full text: 564 word(s), ~2 mins

### Audience

104,774 CIRCULATION



## Dank admits giving Sun drug

[Courier Mail, Brisbane](#), Sport, [Michael Warner](#)

13 Apr 2016

Page 71 • 170 words • ASR AUD 1,616 • Photo: Yes • Type: News ItemClassification: • Size: 92.00 cm<sup>2</sup> • QLD • Australia • Bock • ID: 575468387

[View original](#) - Full text: 170 word(s), <1 min

### Audience

155,282 CIRCULATION



## COUNTER CLAIM

[Herald Sun, Melbourne](#), Edition Changes, [Michael Warner](#)

13 Apr 2016

Page 80 • 534 words • ASR AUD 20,545 • Photo: No • Type: News ItemClassification: • Size: 370.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 575585169

[View original](#) - Full text: 534 word(s), ~2 mins

### Audience

344,061 CIRCULATION



## I gave peptides to Sun

[Daily Telegraph, Sydney](#), Sport, [Michael Warner](#)

13 Apr 2016

Page 64 • 461 words • ASR AUD 18,476 • Photo: Yes • Type: News ItemClassification: • Size: 391.00 cm<sup>2</sup> • NSW • Australia • Bock • ID: 575401105

[View original](#) - Full text: 461 word(s), ~1 min

### Audience

256,835 CIRCULATION



## Dank: I gave Bock peptide

[Adelaide Advertiser](#), Adelaide, Sport

13 Apr 2016

Page 68 • 274 words • ASR AUD 1,711 • Photo: No • Type: News ItemClassification: • Size: 115.00 cm<sup>2</sup> • SA • Australia • Bock • ID: 575447281

[View original](#) - Full text: 274 word(s), ~1 min

### Audience

136,404 CIRCULATION



## Weapon's assistance

[Adelaide Advertiser](#), Adelaide, Sport

14 Apr 2016

Page 56 • 163 words • ASR AUD 1,145 • Photo: Yes • Type: News ItemClassification: • Size: 77.00 cm<sup>2</sup> • SA • Australia • Bock • ID: 576113370

[View original](#) - Full text: 163 word(s), <1 min

### Audience

136,404 CIRCULATION



## Dank set to launch unfair dismissal case against Suns

[Canberra Times](#), Canberra, Sport, [Jon Pierik](#)

14 Apr 2016

Page 18 • 482 words • ASR AUD 1,470 • Photo: No • Type: News ItemClassification: • Size: 226.00 cm<sup>2</sup> • ACT • Australia • Bock • ID: 576201323

[View original](#) - Full text: 482 word(s), ~1 min

### Audience

24,765 CIRCULATION



## Dank not talking on Suns' link to drug

[West Australian](#), Perth, Sport

14 Apr 2016

Page 67 • 300 words • ASR AUD 6,244 • Photo: Yes • Type: News ItemClassification: • Size: 467.00 cm<sup>2</sup> • WA • Australia • Bock • ID: 576293863

[View original](#) - Full text: 300 word(s), ~1 min

### Audience

174,839 CIRCULATION



## Bock to face new probe

[Adelaide Advertiser](#), [Adelaide](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 56 • 254 words • ASR AUD 5,742 • Photo: Yes • Type: News ItemClassification: • Size: 386.00 cm<sup>2</sup> • SA • Australia • Bock • ID: 576113440

[View original](#) - Full text: 254 word(s), ~1 min

### Audience

136,404 CIRCULATION



## ASADA'S SECRET WEAPON

[Herald Sun](#), [Melbourne](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 72 • 394 words • ASR AUD 47,641 • Photo: Yes • Type: News ItemClassification: • Size: 858.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576116708

[View original](#) - Full text: 394 word(s), ~1 min

### Audience

344,061 CIRCULATION



## ASADA backflip on Bock

[Herald Sun](#), [Melbourne](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 1 • 519 words • ASR AUD 4,664 • Photo: No • Type: News ItemClassification: • Size: 84.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576139899

[View original](#) - Full text: 519 word(s), ~2 mins

### Audience

344,061 CIRCULATION



## Claims Robinson broke ranks with Essendon

[Daily Telegraph](#), [Sydney](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 61 • 281 words • ASR AUD 21,783 • Photo: Yes • Type: News ItemClassification: • Size: 461.00 cm<sup>2</sup> • NSW • Australia • Bock • ID: 576143797

[View original](#) - Full text: 281 word(s), ~1 min

### Audience

256,835 CIRCULATION



## ASADA to investigate Bock claim

[Daily Telegraph](#), Sydney, Sport, [Michael Warner](#)

14 Apr 2016

Page 61 • 236 words • ASR AUD 4,678 • Photo: No • Type: News ItemClassification: • Size: 99.00 cm<sup>2</sup> • NSW • Australia • Bock • ID: 576143852

[View original](#) - Full text: 236 word(s), <1 min

### Audience

256,835 CIRCULATION



## ASADA's belated backflip on Bock

[The Australian](#), Australia, Sport, [Chip Le Grand](#)

14 Apr 2016

Page 36 • 855 words • ASR AUD 8,286 • Photo: Yes • Type: News ItemClassification: • Size: 410.00 cm<sup>2</sup> • National • Australia • Bock • ID: 576175146

[View original](#) - Full text: 855 word(s), ~3 mins

### Audience

104,774 CIRCULATION



## ASADA chief seeks more 'usable' evidence

[Age](#), Melbourne, Sport, [Samantha Lane](#)

14 Apr 2016

Page 44 • 597 words • ASR AUD 20,000 • Photo: Yes • Type: News ItemClassification: • Size: 325.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576180684

[View original](#) - Full text: 597 word(s), ~2 mins

### Audience

100,339 CIRCULATION



## His reputation ruined, Dank craves relevance

[Age](#), Melbourne, Sport, [Caroline Wilson](#)

14 Apr 2016

Page 44 • 492 words • ASR AUD 15,754 • Photo: No • Type: News ItemClassification: • Size: 256.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576180715

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### Audience

100,339 CIRCULATION





## Bock, Bombers and baloney: what to believe?

[Age, Melbourne](#), Sport, [Greg Baum](#)

14 Apr 2016

Page 44 • 602 words • ASR AUD 50,769 • Photo: Yes • Type: News ItemClassification: • Size: 825.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576180796

[View original](#) - [Full text: 602 word\(s\), ~2 mins](#)

### Audience

100,339 CIRCULATION



## Dank dark on Suns

[Age, Melbourne](#), Sport, [Jon Pierik](#)

14 Apr 2016

Page 48 • 663 words • ASR AUD 18,277 • Photo: No • Type: News ItemClassification: • Size: 297.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576188448

[View original](#) - [Full text: 663 word\(s\), ~2 mins](#)

### Audience

100,339 CIRCULATION



## Dank difficult to believe in both drug use investigations

[Sydney Morning Herald, Sydney](#), Sport, [Greg Baum](#)

14 Apr 2016

Page 38 • 446 words • ASR AUD 18,168 • Photo: No • Type: News ItemClassification: • Size: 227.00 cm<sup>2</sup> • NSW • Australia • Bock • ID: 576197898

[View original](#) - [Full text: 446 word\(s\), ~1 min](#)

### Audience

107,291 CIRCULATION



## Agency denies Dons informer protected

[Hobart Mercury, Hobart](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 42 • 265 words • ASR AUD 972 • Photo: Yes • Type: News ItemClassification: • Size: 160.00 cm<sup>2</sup> • TAS • Australia • Bock • ID: 576200598

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### Audience

35,037 CIRCULATION



## PEPTIDE TURN

[Hobart Mercury](#), [Hobart](#), Sport, [Michael Warner](#)

14 Apr 2016

Page 44 • 322 words • ASR AUD 3,863 • Photo: Yes • Type: News ItemClassification: • Size: 636.00 cm<sup>2</sup> • TAS • Australia • Bock • ID: 576200625

[View original](#) - [Full text: 322 word\(s\), ~1 min](#)

### Audience

35,037 CIRCULATION



## Former Essendon high performance boss Dean Robinson co-operated with ASADA: report

The Age

14 Apr 2016 8:48 AM

247 words • ASR AUD 2,588 • Bock • ID: 576491084

[Read on source website](#)

### Audience

122,484 UNIQUE DAILY VISITORS, 3,033 AV. STORY AUDIENCE



## Mediation between Essendon, Dean Robinson breaks down

The North West Star by Jon Pierik

14 Apr 2016 10:22 AM

661 words • ASR AUD 1,085 • Bock • ID: 576533621

[Read on source website](#)

### Audience

N/A UNIQUE DAILY VISITORS, N/A AV. STORY AUDIENCE



## Bock's coaching job under review

[The Australian](#), [Australia](#), Sport, [Dan Koch](#)

15 Apr 2016

Page 36 • 350 words • ASR AUD 3,011 • Photo: Yes • Type: News ItemClassification: • Size: 149.00 cm<sup>2</sup> • National • Australia • Bock • ID: 576882475

[View original](#) - [Full text: 350 word\(s\), ~1 min](#)

### Audience

104,774 CIRCULATION



## 'Everybody knew' Bock was more guilty than most on doping: Thompson

[Age](#), [Melbourne](#), Edition Changes - 3rd Edition

15 Apr 2016

Page 43 • 187 words • ASR AUD 5,846 • Photo: Yes • Type: News ItemClassification: • Size: 95.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 576931170

[View original](#) - [Full text: 187 word\(s\), <1 min](#)

### Audience

100,339 CIRCULATION



## A dozen injections for hurt footballer

[Weekend Australian](#), [Australia](#), General News, [Chip Le Grand](#)

16 Apr 2016

Page 5 • 538 words • ASR AUD 9,340 • Photo: Yes • Type: News ItemClassification: • Size: 286.00 cm<sup>2</sup> • National • Australia • Bock • ID: 577548553

[View original](#) - Full text: 538 word(s), ~2 mins

### Audience

225,206 CIRCULATION



## EXCLUSIVE: Inside the peptide scandal that started it all

[Weekend Australian](#), [Australia](#), Sport

16 Apr 2016

Page 39 • 2849 words • ASR AUD 58,946 • Photo: Yes • Type: News ItemClassification: • Size: 1,805.00 cm<sup>2</sup> • National • Australia • Bock • ID: 577609489

[View original](#) - Full text: 2849 word(s), ~11 mins

### Audience

225,206 CIRCULATION



## Dank's claim another strand in the cable

[Weekend Australian](#), [Australia](#), Sport, [Patrick Smith](#)

16 Apr 2016

Page 39 • 1034 words • ASR AUD 11,659 • Photo: Yes • Type: News ItemClassification: • Size: 357.00 cm<sup>2</sup> • National • Australia • Bock • ID: 577609522

[View original](#) - Full text: 1034 word(s), ~4 mins

### Audience

225,206 CIRCULATION



## Bock was suspected way before the blackest day

[The Australian](#), [Australia](#), Sport, [Chip Le Grand](#)

18 Apr 2016

Page 29 • 519 words • ASR AUD 5,436 • Photo: Yes • Type: News ItemClassification: • Size: 269.00 cm<sup>2</sup> • National • Australia • Bock • ID: 578396525

[View original](#) - Full text: 519 word(s), ~2 mins

### Audience

104,774 CIRCULATION



## Cats in clear during Robinson's reign, says president

[Age](#), [Melbourne](#), Sport, [Jon Pierik](#)

20 Apr 2016

Page 48 • 502 words • ASR AUD 14,585 • Photo: Yes • Type: News ItemClassification: • Size: 237.00 cm<sup>2</sup> • VIC • Australia • Bock • ID: 579603042

[View original](#) - Full text: 502 word(s), ~2 mins

### Audience

100,339 CIRCULATION



## Suns supplements adviser named in ASADA papers

[The Australian](#), [Australia](#), Sport, [Chip Le Grand](#)

21 Apr 2016

Page 36 • 776 words • ASR AUD 18,754 • Photo: Yes • Type: News ItemClassification: • Size: 928.00 cm<sup>2</sup> • National • Australia • Bock • ID: 580253372

[View original](#) - Full text: 776 word(s), ~3 mins

### Audience

104,774 CIRCULATION



## I spiked NRL premiers: Hibbert

[The Australian](#), [Australia](#), Sport, [CHIP LE GRAND BRENT READ](#)

29 Apr 2016

Page 36 • 1005 words • ASR AUD 19,946 • Photo: Yes • Type: News ItemClassification: • Size: 987.00 cm<sup>2</sup> • National • Australia • Bock • ID: 585110342

[View original](#) - Full text: 1005 word(s), ~4 mins

### Audience

104,774 CIRCULATION





09 Apr 2016

Adelaide Advertiser, Adelaide

Author: Michael Warner • Section: Sport • Article type : News Item  
Classification : Capital City Daily • Audience : 171,730 • Page: 95  
Printed Size: 278.00cm<sup>2</sup> • Market: SA • Country: Australia • ASR: AUD 5,690  
Words: 488 • Item ID: 573499099

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# Bock cleared of doping

## MICHAEL WARNER

FORMER Gold Coast and Adelaide star Nathan Bock has been cleared of doping – five-and-a-half years after allegedly injecting himself with the banned peptide CJC-1295.

The Australian Sports Anti-Doping Authority yesterday confirmed its investigations into Bock had ceased and he was free to continue coaching the Southport Sharks in the NEAFL.

James Hird's lawyer, Steven Amendola, last night slammed the decision as "bare-faced hypocrisy".

Asked about the progress of the Bock investigation yesterday, an ASADA spokesperson

said: "In the absence of a positive blood or urine test, ASADA must be satisfied that sufficient evidence exists to sustain a charge against an athlete.

"Suspicion is not enough.

"Allegations against AFL players are heard in the first instance by the AFL tribunal.

"We note the AFL tribunal was not comfortably satisfied that (sports scientist) Stephen Dank had trafficked CJC-1295 to the Gold Coast in 2010. The tribunal was comfortably satisfied that Mr Dank had attempted to traffick CJC-1295 to the Gold Coast Suns in 2010.

"Further we note the tribunal was not comfortably satisfied that the substance believed by Mr Dank to be CJC-1295 was in fact the prohibited substance CJC-1295.

"ASADA has chosen not to appeal those grounds. Despite

extensive investigations, the evidence supporting those allegations was not significant enough to warrant appeal and certainly not nearly as compel-

ling as other matters ASADA has appealed."

Leaked transcripts from last year's AFL tribunal hearings revealed former Gold Coast and Essendon high-performance boss Dean Robinson suggested to Bock he should tell a hospital pharmacy he needed to buy syringes for his girlfriend – rather than admit they were for him to inject substances into himself.

Robinson told ASADA he visited Bock's Gold Coast home and handed him the

drug in a cooler bag packed with dry ice in late 2010.

Dank worked at the Suns from November 2010 to February 2011 but few at the club have discussed his time there or acknowledged who hired him. Dank and Robinson reunited at Essendon several months later to engineer the supplements program that triggered Australian sport's greatest scandal. Travis Auld, chief executive of the Suns at the time of Dank's employment at the club, has since joined the AFL as one of league chief executive Gillon McLachlan's deputies.

A 2013 AFL audit cleared the Gold Coast of any govern-

ance breaches. Amendola, Hird's lawyer in the drugs fight since April 2013, last night said: "The AFL anti-doping tribunal wasn't even satisfied that Thymsin beta-4 left China and arrived in Australia but it didn't stop ASADA from encouraging and funding WADA to appeal that.

"I hope people see the bare-faced hypocrisy of ASADA."

The AFL's anti-doping tribunal last year found Dank guilty of breaching the league's drugs policy by attempting to

traffic CJC-1295 to the Suns.

Bock played just 27 games for the Suns after defecting from Adelaide at the end of the 2010 season.



**CLEAR:** Nathan Bock is free to continue coaching Southport.



[back](#)

# BOCK SHOCK

**FACT** DEAN ROBINSON TOLD ASADA HE GAVE NATHAN BOCK THE DRUG CJC-1295 IN A GREEN COOLER BAG IN LATE 2010

**FACT** ASADA CLEARS BOCK OF DOPING, CITING LACK OF EVIDENCE

**FURY** JUST FIND A BOMBERS' FAN

## **MICHAEL WARNER**

FORMER Gold Coast Suns star Nathan Bock has been cleared of doping — five and a half years after allegedly injecting himself with the banned peptide CJC-1295.

The Australian Sports Anti-Doping Authority yesterday confirmed its investigations into Bock had ceased and he

was free to continue coaching the Southport Sharks in the NEAFL.

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Asked about the progress of the Bock investigation yesterday, an ASADA

spokesperson told the *Herald Sun*: "In the absence of a positive blood or urine test, ASADA must be satisfied that sufficient evidence exists to sustain a charge against an athlete.

"Suspicion is not enough. "Allegations against AFL players are heard in the first

instance by the AFL tribunal.

"We note the AFL tribunal was not comfortably satisfied that (sports scientist) Stephen Dank had trafficked CJC-1295 to the Gold Coast in 2010. The tribunal was comfortably satisfied that Mr Dank had attempted to traffick CJC-1295 to the Gold Coast Suns in



2010.

“Further we note the tribunal was not comfortably satisfied that the substance

believed by Mr Dank to be CJC-1295 was in fact the prohibited substance CJC-1295.

“ASADA has chosen not to appeal those grounds. Despite extensive investigations, the evidence supporting those allegations was not significant enough to warrant appeal, and certainly not nearly as compelling as other matters ASADA has appealed.”

Leaked transcripts from last year’s AFL tribunal hearings revealed former Gold Coast and Essendon high-performance boss Dean Robinson suggested to Bock that he should tell a hospital pharmacy that he needed to buy syringes for his girlfriend — rather than admit that they were for him to inject substances into himself.

Robinson told ASADA Bock visited his Gold Coast home where he found the drug in a green cooler bag packed with dry ice in late 2010. Robinson claimed Dank had told him the drug was not banned and would help Bock with an achilles injury.

Dank worked at the Suns from November 2010 to February 2011, but few at the club have discussed his time there or acknowledged who hired him.

Dank and Robinson reunited at Essendon several months later to engineer the supplements program that triggered Australian sport’s greatest scandal.

Travis Auld, chief executive of the Suns at the time of Dank’s employment at the club, has since joined the AFL as one of league chief executive Gillon McLachlan’s deputies.

A 2013 AFL audit cleared the Gold Coast of any

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Amendola, Hird’s lawyer in the drugs fight since April 2013, last night said: “The AFL anti-doping tribunal wasn’t even satisfied that Thymosin beta-4 left China and arrived in Australia, but it didn’t stop ASADA from encouraging and funding WADA to appeal that.

“This explanation regarding Bock should be a new entry into Don Watson’s dictionary of Weasel Words. I hope people see the bare-faced hypocrisy of ASADA.”

The AFL’s anti-doping tribunal last year found Dank guilty of breaching the league’s drugs policy by attempting to traffic CJC-1295 to the Suns.

CJC-1295 was the drug at the centre of ASADA’s investigations into NRL club Cronulla, which led to players being suspended.

Bock played just 27 games for the Suns after defecting from Adelaide at the end of the 2010 season.

**‘This explanation regarding Bock should be a new entry into Don Watson’s dictionary of Weasel Words. I hope people see the bare-faced hypocrisy of ASADA.’**

**LAWYER STEVEN AMENDOLA**



09 Apr 2016  
Herald Sun, Melbourne

Author: Michael Warner • Section: Sport • Article type : News Item  
Classification : Capital City Daily • Audience : 347,230 • Page: 86  
Printed Size: 986.00cm<sup>2</sup> • Market: VIC • Country: Australia • ASR: AUD 49,023  
Words: 607 • Item ID: 573508954

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09 Apr 2016

Hobart Mercury, Hobart

Section: Sport • Article type : News Item • Classification : Capital City Daily  
Audience : 45,367 • Page: 78 • Printed Size: 104.00cm<sup>2</sup> • Market: TAS  
Country: Australia • ASR: AUD 632 • Words: 227 • Item ID: 573603248

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# Bock gets all-clear over drug claims

FORMER Gold Coast Suns player Nathan Bock has been cleared of doping — five and a half years after allegedly injecting himself with the banned peptide CJC-1295.

The Australian Sports Anti-Doping Authority yesterday confirmed its investigations into Bock had ended and he was free to continue coaching the Southport Sharks in the NEAFL.

James Hird's lawyer, Steven Amendola, last night slammed the decision as "bare-faced hypocrisy".

Asked about the progress of

the Bock investigation yesterday, an ASADA spokesperson said: "In the absence of a positive blood or urine test, ASADA must be satisfied that sufficient evidence exists to sustain a charge against an athlete. Suspicion is not enough."

Leaked transcripts from last year's AFL tribunal hearings revealed former Gold Coast and Essendon high-performance boss Dean Robinson suggested to Bock that he should tell a hospital pharmacy that he needed to buy syringes for his girlfriend — rather than

admit that they were for him to inject substances into himself.

Amendola, Hird's lawyer in the drugs fight since April 2013, last night said: "The AFL anti-doping tribunal wasn't even satisfied that Thymosin beta-4 left China and arrived in Australia, but it didn't stop ASADA from encouraging and funding WADA to appeal that.

"This explanation regarding Bock should be a new entry into Don Watson's dictionary of Weasel Words. I hope people see the bare-faced hypocrisy of ASADA."



 [back](#)


# Bock finally in the clear

**MICHAEL WARNER**

FORMER Gold Coast Suns star Nathan Bock has been cleared of doping — 5½ years after allegedly injecting himself with the banned peptide CJC-1295.

The Australian Sports Anti-Doping Authority yesterday confirmed its investigations into Bock had ceased and he was free to continue coaching Southport Sharks in the NEAFL.

James Hird's lawyer, Steven Amendola, last night slammed the decision as "bare-faced hypocrisy".

 Asked about the progress of the Bock investigation yesterday, an ASADA spokesperson told the *Herald Sun*: "In the absence of a positive blood or urine test, ASADA must be satisfied that sufficient evidence exists to sustain a charge against an athlete.

"Suspicion is not enough.

"Allegations against AFL players are heard in the first instance by the AFL tribunal.

"We note the AFL tribunal was not comfortably satisfied that (sports scientist) Stephen Dank had trafficked CJC-1295 to the Gold Coast in 2010."

**CONTINUED PAGE 86**



# More than five years on, Bock cleared of doping

## FROM BACK PAGE

“The tribunal was comfortably satisfied Mr Dank had attempted to traffic CJC-1295 to the Gold Coast Suns in 2010,” the spokesperson said.

“Further we note the tribunal was not comfortably satisfied that the substance believed by Mr Dank to be CJC-1295 was in fact the prohibited substance CJC-1295.

“ASADA has chosen not to appeal those grounds. Despite extensive investigations, the evidence supporting those allegations was not significant enough to warrant appeal, and certainly not nearly as compelling as other matters ASADA has appealed.”

Leaked transcripts from last year’s AFL tribunal hearings revealed former Gold Coast and Essendon high performance boss Dean Robinson suggested to Bock he should tell a hospital pharmacy he needed to buy syringes for his girl-

friend — rather than admit they were for him to inject substances into himself.

Robinson told ASADA Bock visited his Gold Coast home where he gave him the drug in a green cooler bag packed with dry ice in late 2010.

Robinson claimed Dank had told him the drug was not banned and would help Bock with an achilles injury.

Dank worked at the Suns from November 2010 to Febru-

ary 2011, but few at the club have discussed his time there or acknowledged who hired him.

Dank and Robinson reunited at Essendon several months later to engineer the supplements program that triggered Australian sport’s greatest scandal.

Travis Auld, chief executive of the Suns at the time of Dank’s employment there, has since joined the AFL as one of league chief executive Gillon McLachlan’s deputies.

A 2013 AFL audit cleared the Gold Coast of any governance breaches.

Amendola, Hird’s lawyer in the drugs fight since April 2013, last night said: “The AFL anti-doping tribunal wasn’t even satisfied that Thymosin beta-4 left China and arrived in Australia, but it didn’t stop ASADA from encouraging and funding WADA to appeal that.

“This explanation regarding Bock should be a new entry into Don Watson’s dictionary

of Weasel Words. I hope people see the barefaced hypocrisy of ASADA.”

The AFL’s anti-doping tribunal last year found Dank guilty of breaching the league’s drugs policy by attempting to traffic CJC-1295 to the Suns.

CJC-1295 was the drug at the centre of ASADA’s investigations into NRL club Cronulla, which led to players being suspended.

Bock played 27 games for the Suns.



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Sunday Telegraph, Sydney

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[back](#)

## ASADA denies hypocrisy for zeroing in on Bombers

ASADA has denied a vendetta against Essendon, saying a lack of evidence meant it did not pursue an appeal in another AFL anti-doping case.

The Australian anti-doping agency has defended the decision not to challenge a verdict that effectively cleared former Gold Coast player Nathan Bock.

But Melbourne lawyer Steven Amendola, who has represented former Essendon coach James Hird during the club's lengthy supplements

debacle, said the decision was "bare-faced hypocrisy".

This latest controversy centres on two AFL anti-doping tribunal verdicts involving former Essendon sports scientist Stephen Dank.

"We note that the tribunal was not comfortably satisfied that Mr Dank had trafficked (the banned substance) CJC-1295 to the Gold Coast in 2010,"

ASADA said. "The tribunal was comfortably satisfied that Mr Dank had attempted to traffick CJC-1295, however

the tribunal was not comfortably satisfied that the substance believed to be CJC-1295 was in fact the prohibited substance CJC-1295."

The decision not to challenge the trafficking verdict meant no action against Bock, who has since retired from the AFL.

The suspicion, not proved, was that Bock took CJC-1295 to help him recover from an Achilles injury.

The AFL anti-doping tribunal also ruled in favour of 34 current and past

Essendon players. But WADA successfully appealed to CAS and the players, half of whom are banned from playing in the AFL this season, are now making a last-ditch appeal to a Swiss court.

In a statement, ASADA said: "Alle-

gations need to be corroborated with other evidence to be proven.

"In the matter of the Gold Coast Suns, despite thorough investigations, ASADA considered there was insufficient supporting evidence.

"In comparison, other cases pursued as a result of Operation Cobia have been supported by an accumulation of convincing evidence including scientific analyses, corroborating statements from multiple parties and text messages discussing prohibited substances.

"ASADA has no vendetta against any club or person and ... we are not afraid of taking on the tough cases. But to take on the hard cases we require sufficient evidence."



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# ASADA rejects vendetta claim

## ■ Daniel Cherny

The Australian Sports Anti-Doping Authority has hit back at allegations of hypocrisy after it emerged that Nathan Bock had been cleared of injecting himself with a banned peptide.

Former Gold Coast defender Bock had been investigated for allegedly injecting himself with the forbidden substance CJC-1295.

The incident was alleged to have occurred in 2010, shortly after Bock joined the club from Adelaide. Sports scientist Stephen Dank and high-performance expert Dean Robinson – both central figures in the Essendon drugs saga – were alleged to have trafficked and supplied the drug to Bock. Both men were employed by the Suns at the time.

Bock is now free to continue coaching Southport in the NEAFL.

A News Corp column suggested ASADA had decided to “pick and choose” when to push for prosecutions. It was a reference to the circumstances of 34 current and former Bombers suspended in January by the Court of Arbitration for Sport, which reached a level of “comfortable satisfaction” that the players had taken banned substance thymosin beta-4.

But the governing body came out swinging on Saturday, defending its integrity.

“ASADA has no vendetta against any club or person, and history has shown we are not afraid of taking on the tough cases.

But to take on the hard cases we require sufficient evidence,” the authority said on its website.

“ASADA investigated a number of players and clubs as part of Operation Cobia, but that does not mean that there was reliable, or substantial, evidence of violations in all these matters.”

ASADA said it could not be sure CJC-1295 had been the substance that reached Robinson, and in turn Bock. “Allegations against AFL players are heard in the first instance by the AFL tribunal. We note that the tribunal was not comfortably satisfied that Mr Dank had trafficked CJC-1295 to the Gold Coast in 2010. The tribunal was comfortably satisfied that Mr Dank had attempted to traffic CJC-1295, however, the tribunal was not comfortably satisfied that the substance believed to be CJC-1295 was in fact the prohibited substance CJC-1295.

“ASADA chose not to appeal those findings. Allegations need to be corroborated with other evidence to be proven.

“In the matter of the Gold Coast Suns, despite thorough investigations, there was insufficient supporting evidence.

“In comparison, other cases pursued as a result of Operation Cobia have been supported by an accumulation of convincing evidence including scientific analyses, corroborating statements from multiple parties and text messages discussing prohibited substances.”



New colours: Nathan Bock joins the Gold Coast Suns from Adelaide. Picture: Jerad Williams

# Big trophy bagged so no bother with Bock

## MARK ROBINSON

SIT down, Essendon fans, you best hear this in a comfy chair.

Get a drink and try to get a sense of humour.

Ready to go?

You know how the Essendon players were suspended for 12 months on the back of evidence that a banned drug may have been at Essendon, we can today tell you Nathan Bock may have a banned drug in his hand and may have injected himself and has escaped any suspension.

ASADA confirmed on Friday the Bock investigation was over and he'd been cleared of doping.

It's welcoming news for the former Gold Coast defender.

He won't be called a drug cheat. He will be able to coach Southport Sharks in the NEAFL. He will be able to put the stress, anxiety and the alleged subterfuge in the far reaches of his mind, knowing it's all over.

The issue is not whether Bock took drugs. Did he or didn't he take drugs? Who cares?

Certainly, ASADA doesn't.

Let's get this straight. Dean Robinson, who was at the Gold Coast Suns before heading to Essendon, told ASADA he gave Bock the banned drug CJC-1295 in a cooler bag, covered in dry ice, when Bock visited his home in late 2010. He also told ASADA he suggested to Bock he go to a hospital pharmacy and ask for syringes and tell the hospital they were for his girlfriend. Umm, OK, nothing to see here.

Bock's case was helped when the AFL Anti-Doping Tribunal

said it wasn't convinced the drug was in fact CJC-1295. The same tribunal, remember, wasn't con-

vinced Thymosin Beta 4 actually left China, actually arrived in Australia, actually was prepared for Stephen Dank and actually ended up at Essendon. Still, WADA appealed the Essendon case to the Court of Arbitration of Sport and, as we know, it won.

They had their reasons, WADA, and in the end the

threads and cables and whatever else they twisted for their own argument, combined with a firm belief the players didn't take enough responsibility by asking enough questions or reading websites or making phone calls, won the day.

No such lack of responsibility from Bock, eh?

He went to Robinson's home and picked up his own banned drugs - according to Robinson.

This is reprehensible and disturbing from WADA, not least hypocritical.

It wants to stamp out doping, yet even us with a limited knowledge of what pertains to be strong circumstantial evidence, you'd think Bock would be in serious trouble if WADA appealed.

You know, strands and cables and those kinds of things.

It's as if ASADA went game-hunting in the Okavango Delta and shot a lion (Essendon) and when they saw a warthog (Bock), they couldn't be bothered wasting a bullet.

They have their trophy kill.

Make no mistake, Essendon should've been punished heavily for what happened and especially for not knowing what exactly was put into the bodies of 34 young men.

But what of Melbourne? Dank has said he helped access

drugs to be given to Melbourne players in late 2012 and that they were "similar in nature" to what he gave the Essendon players.

Melbourne was cleared of any wrongdoing, not enough evidence, it was said.

This Bock stuff arguably was the most damning circumstantial evidence offered over four years. It's curious because ASADA, in its investigations report in 2013, recommended Bock be charged with taking a banned substance. But ASADA lawyers never took action.

The report is somewhere. Maybe it's lying in a wooden box, in a secret warehouse, right next to the wooden box that hides the Ark of the Covenant.

“ It's as if ASADA went game-hunting in the Okavango Delta and shot a lion (Essendon) and when they saw a warthog (Bock), they couldn't be bothered wasting a bullet.



## Peptide case against Bock stronger than Essendon evidence, say investigators

**EXCLUSIVE**

CHIP LE GRAND

AUSTRALIAN FOOTBALL



Australian Sports Anti-Doping Authority investigators believe the case they built against former Gold Coast defender Nathan

Bock for using a banned peptide is stronger than the evidence that secured a two-year ban against 34 current and former Essendon players.

The *Australian* can reveal ASADA's investigators, in the same confidential report that recommended charges against Bock in October 2013, recommended that sports scientist Stephen Dank and high-performance manager Dean Robinson also be charged for their part in supplying a growth hormone-releasing peptide to the now retired footballer.

Only Dank was charged. He was found guilty of multiple anti-doping violations while employed by the Gold Coast and Essendon and is serving a life ban from all sport.

The investigators' report into the Gold Coast Suns was provided to ASADA's legal team for consideration. To the frustration of the investigators, ASADA took no action against Robinson, who now works as an accountant and no longer has an involvement in football, or Bock, who currently coaches the Gold Coast club Southport. "I'm happy to let it fade," Bock said over the weekend. "It's done and dusted."

The neglected charges were not the only doping cases ASADA failed to pursue throughout 2014 as the under-resourced agency became locked in a high-stakes battle with Essendon.

ASADA last week said the

Gold Coast case was not pursued because of insufficient evidence and that the case was "not nearly as compelling" as other cases pursued by the anti-doping body following as part of Operation Cobia, an investigation into the use of peptides in Australian sport.

"Other cases pursued as a result of Operation Cobia have been supported by an accumulation of convincing evidence including

scientific analyses, corroborating statements from multiple parties and text messages discussing prohibited substances," ASADA said.

In justifying its decision not to initiate proceedings against Bock for the suspected use of CJC-1295, the same peptide that Dank used on Cronulla footballers and NRL player Sandor Earl after leaving the Gold Coast, ASADA cited the published reasons of the AFL tribunal which heard the case against Dank and 34 current and former Essendon players.

ASADA chief executive Ben McDevitt earlier this year described the same tribunal reasons

as fundamentally flawed. "To be blunt, the AFL tribunal simply got it wrong," he said on the day the Court of Arbitration for Sport overturned the decision and banned the Essendon players.

McDevitt joined ASADA after the investigation into the Suns was complete. He did not respond yesterday to a series of questions from *The Australian* about ASADA's failure to proceed against Bock and Robinson despite the similarities between what happened at the Gold Coast Suns in late 2010, Cronulla in 2011 and at Essendon in 2012.

Bock arrived on the Gold Coast

after the 2010 season as one of the Suns' big name recruits. The franchise club, established with \$200 million of AFL money, was preparing for its first season in the national competition and Bock, an experienced defender recruited from Adelaide, was central to the Suns' plans.

However, Bock's preparations

at his new club were plagued by a chronic achilles injury. Robinson was the club's newly arrived high performance manager and Dank had been employed, at Robinson's recommendation, as a sports scientist. Dank had become inter-

*Continued on Page 34*

## Case against Bock stronger than Dons

*Continued from Page 36*

ested in the use of peptides and suggested to Robinson that Bock try treatment of CJC-1295.

Dank told Robinson the peptide was permitted under the World Anti-Doping Code.

The strength of ASADA's case against Bock is its reliance on direct witness accounts. There is no dispute among the witnesses over what Bock was given and whether he took it.

Robinson told ASADA investigators that in the lead-up to Christmas 2010, Bock came to his house where Dank was also present. Robinson produced a vial of CJC-1295 supplied two days earlier by Dank, loaded a syringe, and demonstrated how to inject it.

Bock was given syringes and enough peptides to inject himself regularly while he was in Adelaide for the club's Christmas training break. He was assured that the Suns' club doctor, Barry Rigby, had approved the treatment.

Bock paid Robinson \$800 for the peptides by electronic transfer, which Robinson passed on to Dank. Bock could not recall the name of the substance but told ASADA he injected himself from the vials given to him by Robinson, between December 16, 2010 and January 27, 2011. If Bock followed Dank's recommended dose, he would have injected himself about a dozen times.

There is no question that Dank had access to CJC-1295, at the time. Robinson admitted to ASADA that Dank supplied him with the banned peptide while he



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was working with the Gold Coast, for his personal use. The AFL tribunal ruled that CJC-1295 was banned in 2010.

The only dispute is over what Rigby was told. According to Robinson, he emailed the doctor information about CJC-1295 in November 2010 and that a week later, Dank and Rigby spent about 20 minutes at the club discussing the use of the peptide on Bock.

The information sent to Rigby was contained in an unsolicited, voluminous dump of material in his inbox. Like Bruce Reid at Essendon, the Gold Coast doctor had no interest in reading the information. Rigby denies he approved the use of CJC-1295.

Hospital records show that on November 15, 2010, the day Rigby is said to have met Dank to discuss Bock's treatment, he was in surgery the entire day. Rigby denies the conversation ever took place. Robinson only has the word of Dank to prove it did.

The AFL tribunal was not willing to accept Dank's word about crucial aspects of the drugs scandal. This is why the tribunal, in the absence of a chemical analysis or

paper trail showing the provenance of the substance given to Bock, was not "comfortably satisfied" the substance was CJC-1295. Dank was cleared of trafficking but found guilty of attempting to traffic a banned peptide.

The tribunal also found "Mr Dank was complicit with Mr Robinson in Mr Robinson's attempted trafficking of CJC-1295". Robinson, despite providing what he thought was CJC-1295 to Bock, despite being responsible for overseeing Dank's work at Essendon, has not been judged by ASADA, the AFL or CAS.

ASADA's decision to pursue neither Bock nor Robinson sits at odds with the public statements of ASADA's McDevitt about the Essendon case.

During an expansive press conference on the day of the CAS judgment, McDevitt said the Essendon players made "very conscious decisions" to be injected with substances by Dank without asking their team doctor, making inquiries to

an anti-doping hotline or performing a basic Google search.

"They were told the injection program was WADA-compliant but they adopted a head in the sand approach in contravention of their anti-doping education," McDevitt said. "At best the players did not ask the questions of the people they should have. At worst, they were complicity in a culture of secrecy and concealment."

The Gold Coast scandal, although conducted on a smaller scale, carries these hallmarks. Bock asked no questions of Rigby and the evidence suggests the CJC-1295 treatments were deliberately concealed from the club doctor.

During the same press conference McDevitt declared that not pursuing the case against the Essendon players would have been a gross dereliction of duty.

"Sweeping a case under the carpet because it is too complex or too difficult is not an option and never will be," he said. The case against Bock was not swept under the carpet so much as left in a drawer to gather dust.

The investigation into what happened at the Gold Coast had its problems. The most embarrassing was an episode that took place on a commercial flight, when an investigator returning from the Gold Coast mistakenly left a dictaphone containing Bock's record of interview in a seat pocket. The dictaphone was never retrieved.

Despite this, ASADA's investigators completed their work on the Gold Coast case within eight months of the blackest day in Australian sport. The charges were the first recommended for prosecution. They should have been the first heard.





# Dank admission on Bock puts heat on ASADA

CHIP LE GRAND  
DOPING

Stephen Dank, the central figure in the AFL and NRL drug scandals, has admitted to administering a banned peptide to Gold Coast recruit Nathan Bock in the lead-up to the Suns' first season in the AFL.

Dank's admission, which supports statements given by Bock and former Gold Coast and Essendon high-performance manager Dean Robinson to ASADA investigators three years ago, raises further questions about the anti-doping body's failure to initiate proceedings against the retired All Australian defender. It also exposes the weakness of recent explanations offered by ASADA to justify its decision not to act on a prima facie doping case against Bock and Robinson, a case its own investigations team considered stronger than any presented against a current or former Essendon footballer.

Dank, a biochemist and self-styled sports scientist who is serving a life ban from sport after being found guilty of multiple counts of trafficking and attempting to traffic banned substances while employed with Gold Coast and Essendon, yesterday told the *Herald Sun* he supplied the peptide CJC-1295 to Bock in late 2010.

Dank mistakenly believed the growth-hormone-releasing peptide was permitted under anti-doping rules. The World Anti-Doping Agency had declared it banned at the time.

Dank told the newspaper he obtained the peptide at the Belgrave Compounding Pharmacy, southwest of Sydney — the same pharmacy he used to source CJC-1295 several months later when he was working with the Cronulla Sharks in the NRL.

Belgrave pharmacist Maged Sedrak told ASADA as part of the investigation into Cronulla that he supplied CJC-1295 to Dank. Dank claimed his use of CJC-1295 on Bock was approved by the Suns' club doctor, Barry Rigby.

Rigby denies discussing or approving the use of CJC-1295 for Bock, who arrived on the Gold Coast after a successful career with Adelaide which was hampered by a chronic achilles injury.

Robinson told ASADA he demonstrated to Bock how to inject the peptides and provided him with CJC-1295. Bock admitted to ASADA that he injected himself with the substance provided by Robinson and paid him \$800 for the course of treatment.

In response to revelations published by *The Australian* about the strength of the case against Bock, who retired at the end of the 2014 season and now coaches the Southport Sharks, ASADA issued a statement claiming it had "insufficient evidence" to prove what substance he took.

This explanation is inconsistent with ASADA's decision to charge Dank with trafficking CJC-1295 to the Gold Coast Suns and a second charge of assisting Robinson in trafficking the peptide.

Inexplicably, Robinson was never charged with an anti-doping offence. Dank expressed bemusement at ASADA's latest statement. "I don't know why they couldn't establish that it was CJC-1295 when they think they've established that I gave Thymosin Beta-4 (to current and former Essendon players), which they can't."

Asked whether he had any doubts whether the substance he supplied Bock was CJC-1295, Dank told the *Herald Sun*: "No. There is no doubt in my mind."

ASADA yesterday denied its investigators, in a report submitted to ASADA's lawyers in October 2013, recommended charges be brought against Bock, Robinson and Dank. *The Australian* understands the report makes clear the view of investigators that Bock, Robinson and Dank had a case to answer.

Following the completion of the report, ASADA investigators queried why proceedings were not initiated against Bock. Dank's ad-

mission will add pressure on ASADA to answer that question.



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[back](#)

# Dank admits giving Sun drug

**MICHAEL WARNER**

BANNED sports scientist Stephen Dank last night sensationally said he had supplied former Gold Coast Suns defender Nathan Bock with the prohibited peptide CJC-1295.

Dank told *The Courier-Mail* he bought the drug at a Sydney compound pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with dry ice.

He said he gave the

CJC-1295 to then Suns fitness boss Dean Robinson, who

taught Bock how to self-administer it.

Asked if there was any doubt the drug he supplied Bock was the WADA-banned CJC-1295, Dank replied: "No.

There is no doubt."

The confession came as the Australian Sports Anti-Doping Authority yesterday insisted it was unable to establish whether the drug Bock (pictured)

used was actually CJC-1295.

Robinson and Dank worked for the Suns in late 2010 when Bock, the start-up club's star signing, was being treated for an achilles injury.

The pair reunited at Essendon in late 2011 and played key roles in establishing the Bombers' "pharmacologically experimental" drugs program.





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Page 1 of 2

  
back

# COUNTER CLAIM

## Dank says no Bock drug mystery – I bought CJC-1295

**MICHAEL WARNER**

BANNED sports scientist Stephen Dank last night sensationally said he had supplied former Gold Coast Suns star Nathan Bock with the prohibited peptide CJC-1295.

Dank told the *Herald Sun* he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with dry ice. He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who taught Bock how to self-administer it.

“I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson’s house,” Dank said.

“From there, Robinson demonstrated to Bock how to use it and instructed him accordingly.”

Dank’s statement came as ASADA yesterday insisted it was unable to establish if the drug Bock used was CJC-1295.

**CONTINUED PAGE 79**



# Dank: I gave banned drug to Bock

## FROM BACK PAGE

Asked whether there was any doubt the drug he supplied Bock was the WADA-banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

Robinson and Dank worked for the Suns in late 2010 when Bock, the start-up club's star signing, was being treated for an achilles injury.

The pair reunited at Essendon in late 2011 and played key roles in establishing the Bombers' "pharmacologically experimental" drugs program.

An ASADA spokesperson said yesterday: "To prove that an athlete has used a prohibited substance, ASADA must be able to prove the substance used by that athlete.

"ASADA will not bring a case forward when there is insufficient evidence of the substance used."

Dank, who was slapped with a lifetime ban by the AFL last year, said he was bewildered by ASADA's failure to confirm what drug he had given Bock.

"I don't know why they couldn't establish that it was CJC-1295 when they think they've established that I gave (Essendon players) Thymosin beta-4, which they can't," he said.

Dank said he bought 10ml of CJC-1295 at the Sydney pharmacy to be injected in amounts of 0.2ml.

He claimed he was told by ASADA in 2009 the drug was permitted for use by athletes and was not on the WADA-prohibited list.

Bock told ASADA in 2013 he injected himself with a substance given to him by Robinson between December 16, 2010, and January 27, 2011.

Dank repeated his claim that Gold Coast doctor Barry Rigby was well aware Bock was being treated with CJC-1295 by he and Robinson.

"I spoke to Barry Rigby on two occasions in his office at the Gold Coast Suns Football Club, which was adjacent to Dean Robinson's room," Dank said.

"I had two discussions and he was fully aware of what we were doing and approved it.

"Plain and simple."

Asked what Rigby approved, Dank said: "The use of the CJC."

Rigby, who remains at the club, denies the conversations took place.

Leaked transcripts from last year's AFL tribunal hearings revealed Robinson suggested to Bock he should tell a hospital pharmacy he needed to buy syringes for his girlfriend, rather than admit they were for

him to inject substances into himself.

Bock said he paid Robinson \$800 for the peptides, which was later repaid to Dank.

[michael.warner@news.com.au](mailto:michael.warner@news.com.au)



back

# I gave peptides to Sun

## Dank claims he flew to Gold Coast with supplement bought in Sydney

### MICHAEL WARNER

BANNED sports scientist Stephen Dank last night sensationally claimed he had supplied former Gold Coast Suns star Nathan Bock with the prohibited peptide CJC-1295.

Dank told The Daily Telegraph he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with dry ice.

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"I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson's house," Dank said.

"From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

Asked whether there was any doubt the drug he supplied Bock was the WADA banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

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Dank said he bought 10ml of CJC-1295 at the Sydney pharmacy

to be injected in amounts of 0.20ml.

He claims he was told by ASADA in 2009 that the drug was permitted for use by athletes and was not on the World Anti-Doping Agency prohibited list.

Bock told ASADA in 2013 that he injected himself with a substance given to him by Robinson between December 16, 2010 and January 27, 2011.

Leaked transcripts from last year's AFL tribunal hearings revealed Robinson suggested to Bock that he should tell a hospital pharmacy that he needed to buy syringes for his girlfriend, rather than admit that they were for him to inject substances into himself. Bock said he paid Robinson \$800 for the peptides, which was later repaid to Dank.



13 Apr 2016  
Daily Telegraph, Sydney

Author: Michael Warner • Section: Sport • Article type : News Item  
Classification : Capital City Daily • Audience : 256,835 • Page: 64  
Printed Size: 391.00cm<sup>2</sup> • Market: NSW • Country: Australia • ASR: AUD 18,476  
Words: 461 • Item ID: 575401105

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 [back](#)



Stephen Dank leaves a Sydney court last month and (inset) Nathan Bock. Pictures: Carly Earl, Jerad Williams



13 Apr 2016

Adelaide Advertiser, Adelaide

Section: Sport • Article type : News Item • Classification : Capital City Daily  
Audience : 136,404 • Page: 68 • Printed Size: 115.00cm<sup>2</sup> • Market: SA  
Country: Australia • ASR: AUD 1,711 • Words: 274 • Item ID: 575447281



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Page 1 of 1

 back

# Dank: I gave Bock peptide

BANNED sports scientist Stephen Dank last night sensationally said he had supplied former Gold Coast Suns star Nathan Bock with the prohibited peptide CJC-1295.

Dank told the *Herald Sun* said he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with dry ice.

He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who taught Bock how to self-administer it.

"I bought it at the Belgrave pharmacy in Sydney and de-

livered it to Robinson's house," Dank said. "From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

Asked whether there was any doubt the drug he supplied Bock was the WADA banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

Dank's confession came as the Australian Sports Anti-Doping Authority yesterday insisted it was unable to establish whether the drug Bock used was actually CJC-1295.

Robinson and Dank worked for the Suns in late 2010 when Bock, the start-up club's star signing, was being

treated for an Achilles injury.

The pair reunited at Essendon in late 2011 and played key roles in establishing the Bombers' "pharmacologically experimental" drugs program.

An ASADA spokesperson yesterday said: "To prove that an athlete has used a prohibited substance, ASADA must be able to prove the substance used by that athlete. ASADA will not bring a case forward when there is insufficient evidence of the substance used."

Bock told ASADA in 2013 that he injected himself with a substance given to him by Robinson between December 16, 2010 and January 27, 2011.



14 Apr 2016

Adelaide Advertiser, Adelaide

Section: Sport • Article type : News Item • Classification : Capital City Daily  
Audience : 136,404 • Page: 56 • Printed Size: 77.00cm<sup>2</sup> • Market: SA • Country: Australia  
ASR: AUD 1,145 • Words: 163 • Item ID: 576113370

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Page 1 of 1

 back

## Weapon's assistance

ONE of the architects of the Essendon drugs regime allegedly co-operated with ASADA in the hope of avoiding doping charges.

Dean "The Weapon" Robinson reportedly agreed to give information to ASADA investigators just days after the Bombers scandal erupted in February 2013.

There was no formal agreement for immunity with ASADA but Robinson assisted investigators on the basis of an "understanding".

"They (ASADA investigators) made it clear he would be looked after . . . but it was not guaranteed," a source close to the investigation said yesterday. "He gave them the ma-



**HELPING:**  
Dean "The  
Weapon"  
Robinson  
looks on at  
Bombers  
training at  
Windy Hill  
in 2012.

terial they wanted." Robinson has never been charged over his role in the scandal.

Asked if an agreement had been reached with Robinson in exchange for his information, an ASADA spokesperson yesterday said: "You can quote the CEO (Ben McDevitt) as saying that ASADA strongly rejects the claims relating to any deal with Mr Robinson".





14 Apr 2016

Canberra Times, Canberra

Author: Jon Pierik • Section: Sport • Article type : News Item

Classification : Capital City Daily • Audience : 24,765 • Page: 18

Printed Size: 226.00cm<sup>2</sup> • Market: ACT • Country: Australia • ASR: AUD 1,470

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 back

# Dank set to launch unfair dismissal case against Suns

**Jon Pierik**

Sports scientist Stephen Dank has declared he will launch an unfair dismissal case against the Gold Coast Suns despite working there on a “handshake agreement”.

As the Australian Sports Anti-Doping Authority said it would reopen its case into his alleged trafficking of a banned drug to former Sun Nathan Bock, Dank has told Fairfax Media he is set to take action against the club where he said he spent four months from November 2010 until the start of the pre-season competition in 2011.

The Suns at the time had Travis Auld as chief executive, Guy McKenna as coach, Marcus Ashcroft as football department chief, doctor Barry Rigby and Dean Robinson, who would later reunite with Dank at Essendon, as high-performance chief.

“I will launch action. There is a no ‘could’ about that. We will be commencing action against the Suns. I was unfairly dismissed,” Dank said on Wednesday.

The Suns did not wish to comment. The club has previously said Dank spent six weeks at the club, but worked only five days.

Dank said he had worked at the Suns on a “handshake agreement” but had never been given any reason as to why he had been sacked. But he could face a challenge to his plans under unfair dismissal laws, among these being whether a statute of limitations had expired.

He said during his time at the

club he had spoken about the team’s sports science program with Auld, Robinson and Ashcroft. He said he was released on the eve of the Suns’ opening NAB Cup clash against the Swans at Blacktown Olympic Park.

“We came to Sydney ... to cut a long story short, I went to join the team at the hotel at Darling Harbour. Dean had rung me during the week and said there was an issue,” Dank said.

“I said: ‘What was the issue?’ and he said: ‘Marcus wants to meet with you on the Friday night before the game’. Then I got there, he [Ashcroft] said: ‘We are releasing you’. I said: ‘Why?’ He said: ‘I can’t tell you. So we sat there for about 15 minutes and none of us could work this out ... I don’t stay where I am not wanted so I just walked out.”

After leaving the Suns, Dank had stints at Cronulla in the NRL, Essendon and Melbourne – the latter where he worked for about four months before the Bombers’ saga exploded in February, 2013.

During his time at the Suns, Dank delivered Robinson the peptide CJC-1295, which Robinson then gave to Bock to use. Dank alleges he was told by ASADA in 2009 that the drug was not banned.

But he insists he has not contradicted himself by appealing the AFL anti-doping tribunal’s findings that he attempted to traffic the drug to the Suns, claiming there is deeper undercurrent to the case.



14 Apr 2016

West Australian, Perth

Section: Sport • Article type : News Item • Classification : Capital City Daily  
Audience : 174,839 • Page: 67 • Printed Size: 467.00cm<sup>2</sup> • Market: WA  
Country: Australia • ASR: AUD 6,244 • Words: 300 • Item ID: 576293863

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# Dank not talking on Suns' link to drug

■ Melbourne

The Australian Sports Anti-Doping Authority will reopen an investigation into whether Stephen Dank provided a banned substance to Gold Coast.

It follows a media report alleging that disgraced sports scientist Dank admitted trafficking CJC-1295 for use by former Suns player Nathan Bock.

The Herald Sun report claimed Dank provided the substance to Gold Coast's then high-performance manager Dean Robinson. Bock was having treatment at the time for an Achilles injury.

ASADA said Dank continued to be unhelpful. It approached the journalist who wrote the story to provide details of the conversations he had with Dank.

"ASADA considers all information relating to potential anti-doping violations, and this new information, particularly its veracity, will be assessed by our investigation unit," ASADA said.

It added that Dank had refused to speak to ASADA investigators for three years over the Essendon and Cronulla fiascos.

"ASADA spoke with Mr Dank today, and he again refused to offer any assistance or information," the statement said.

"Mr Dank's alleged admissions overnight are starkly at odds with his previous position on the matter, as ASADA notes he is currently appealing the AFL Tribunal's finding that he attempted to traffic CJC-1295 to the Gold Coast Suns."

ASADA said it needed reliable evidence to pursue allegations.

According to the Herald Sun report, Dank said there was no doubt that the drug he supplied for Bock was CJC-1295.

The AFL website said Bock was cleared last week of doping by ASADA, allowing him to continue coaching NEAFL team Southport Sharks.

Last weekend, it emerged that ASADA had decided not to appeal another AFL Tribunal verdict that cleared Dank of trafficking CJC-1295 to the Suns.

AAP



14 Apr 2016  
West Australian, Perth

Section: Sport • Article type : News Item • Classification : Capital City Daily  
Audience : 174,839 • Page: 67 • Printed Size: 467.00cm<sup>2</sup> • Market: WA  
Country: Australia • ASR: AUD 6,244 • Words: 300 • Item ID: 576293863

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Back in spotlight: ASADA is keen to follow up allegations Nathan Bock was supplied with a banned drug via sports scientist Stephen Dank.



14 Apr 2016

Adelaide Advertiser, Adelaide

Author: Michael Warner • Section: Sport • Article type : News Item  
Classification : Capital City Daily • Audience : 136,404 • Page: 56  
Printed Size: 386.00cm<sup>2</sup> • Market: SA • Country: Australia • ASR: AUD 5,742  
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back

# Bock to face new probe

## MICHAEL WARNER

THE doping case against Nathan Bock was reopened yesterday after Stephen Dank's bombshell claim that he supplied the Gold Coast Suns defender with the prohibited peptide CJC-1295.

The Australian Sports Anti-Doping Authority said Dank's admissions surrounding Bock would be "assessed" just days after *The Advertiser* revealed the case had been closed.

"ASADA considers all information relating to potential anti-doping violations, and this new information, particularly its veracity, will be assessed by our investigation unit," a spokesperson said.

"Mr Dank's alleged admissions overnight are starkly at odds with his previous position on the matter, as ASADA notes he is currently appealing the AFL tribunal's finding that

he attempted to traffic CJC-1295 to the Gold Coast Suns. ASADA needs reliable evidence and testimony in order to be able to bring forward cases of possible anti-doping violations."

Dank told *The Advertiser* on Tuesday night he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast in a cooler bag.

He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson.

"I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson's house," Dank said. "From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

ASADA said last Friday it had not gathered enough evidence to pursue Bock, the current coach of NEAFL side Southport Sharks.



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Adelaide Advertiser, Adelaide

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Classification : Capital City Daily • Audience : 136,404 • Page: 56  
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**ASSESSMENT: Southport coach Nathan Bock is the centre of a new doping investigation after claims by controversial sports scientist Stephen Dank.** Picture: JERAD WILLIAMS



14 Apr 2016  
Herald Sun, Melbourne

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Classification : Capital City Daily • Audience : 344,061 • Page: 72  
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Page 1 of 3

[back](#)

## BOMBERS CASE SHOCK

# ASADA'S SECRET WEAPON

## How Dean Robinson played ball with drug cops

**MICHAEL WARNER**

ONE of the key architects of the Essendon drugs regime co-operated with the Australian Sports Anti-Doping Authority in the hope of avoiding doping charges.

Dean "The Weapon" Robinson agreed to give information to ASADA investigators days after the Bombers scandal erupted in February 2013.

There was no formal agreement for immunity, but Robinson helped investigators on the basis of an "understanding".

"It was made clear he would be looked after ... but it was not

guaranteed," a source close to the investigation said yesterday.

"He provided the material that was wanted."

Robinson has never been

charged over his role in Australian sport's greatest scandal.

Asked yesterday whether an agreement had been reached with Robinson in exchange for his information, an ASADA spokesperson said: "You can quote the CEO (Ben McDevitt) as saying that ASADA strongly rejects the claims relating to

any deal with Mr Robin-



back

son”.

Other sources last night insisted Robinson was still being investigated.

Revelations of Robinson’s dealings with ASADA comes just days after the *Herald Sun* revealed Nathan Bock had been cleared of doping, despite previous statements to ASADA by the high-performance coach that he had given the former Suns star the banned peptide CJC-1295.

**CONTINUED PAGE 71**

# ROBINSON ASADA'S SECRET WEAPON

## FROM BACK PAGE

ASADA has failed to explain why Robinson has not been pursued over his involvement in the Bock case or the Bombers scandal.

Sports scientist Stephen Dank, who reported to Robinson at Essendon in late 2011, was handed a lifetime ban from the AFL last June over his role with both Bock and the Dons.

Thirty-four past and present Essendon players also copped bans in January.

Dank and Robinson were at the Suns in 2010 and joined Essendon in late 2011 to help start the “pharmacologically experimental” drugs program.

Robinson was stood down by Essendon on February 5, 2013 — the day the club “self-reported” to ASADA and the AFL.

He pocketed a \$1 million wrongful dismissal payment

from Essendon in 2014 after issuing Supreme Court subpoenas against AFL chiefs Andrew Demetriou and Gillon McLachlan and Bombers bosses David Evans and Ian Robson.

The former Geelong, Gold Coast and Essendon fitness boss has since landed a job with AFL auditor KPMG.

Robinson, through his legal adviser, last night declined to comment.  
michael.warner@news.com.au





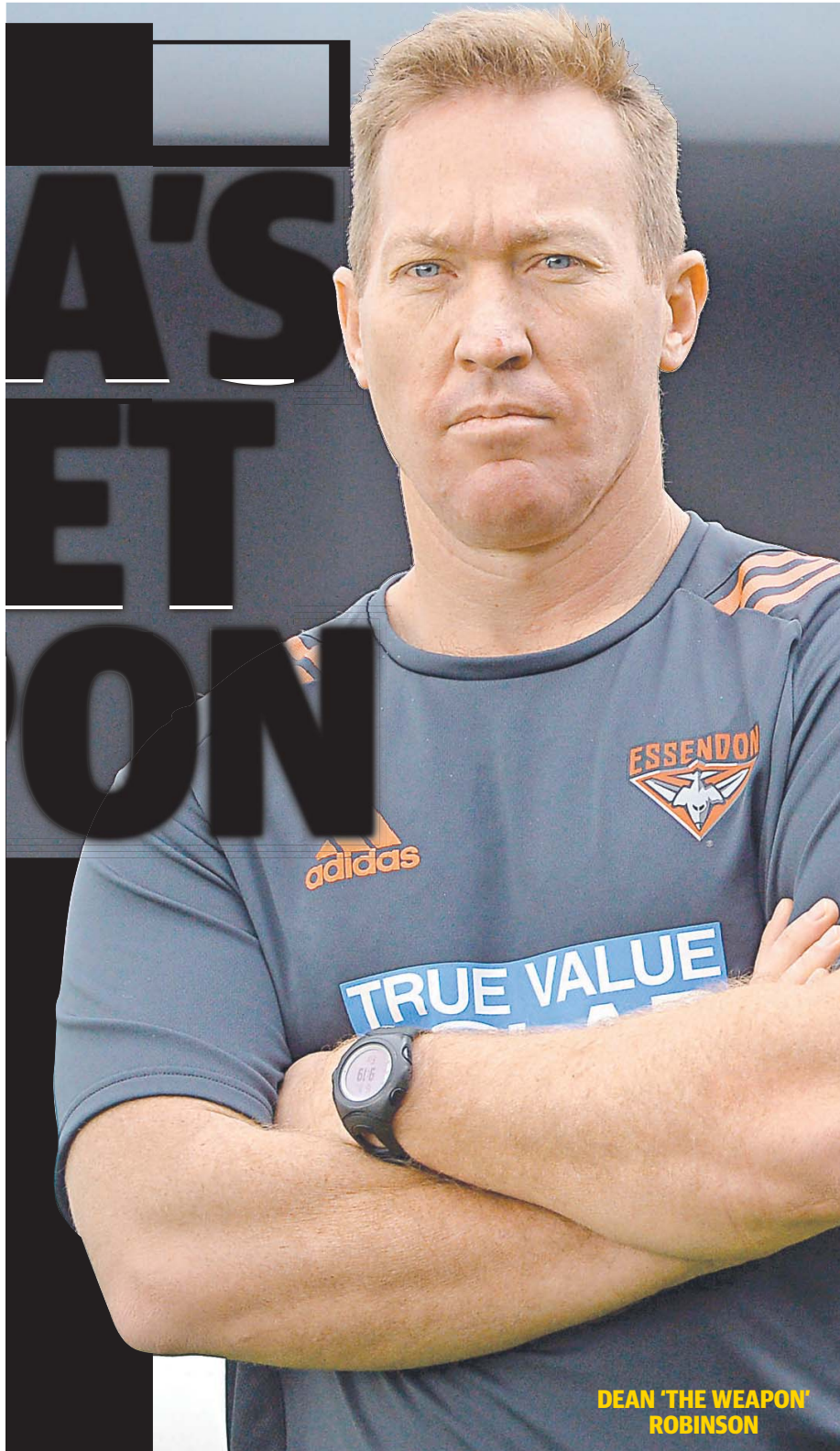
14 Apr 2016  
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Market: VIC • Country: Australia • ASR: AUD 4,664 • Words: 519 • Item ID: 576139899

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Page 1 of 3

 back

# ASADA backflip on Bock

**EXCLUSIVE**

**MICHAEL WARNER**

ASADA has been forced to re-open a doping probe into Nathan Bock.

The anti-doping authority has reopened investigations into former Gold Coast Suns star Bock after sports scientist Stephen Dank told the *Herald Sun* he supplied the player the banned peptide CJC-1295.

ASADA said: "This new information ... will be assessed by our investigation unit."

It comes less than a week after ASADA said there was "insufficient evidence" to pursue Bock, despite him admitting he injected a drug given to him by Dean Robinson, which the high-performance coach and pharmacist Maged Sedrak had stated was CJC-1295.

The paper can also reveal Robinson — a key architect of Essendon's drugs program — agreed to co-operate with ASADA in the hope of avoiding charges. "It was made clear he would be looked after ..." a saga insider said.

ASADA rejected claims of a deal as sources said Robinson was still under investigation. But the authority has not explained why he has not been pursued while co-conspirator Dank and 34 Bombers players have been banned.

**FULL STORY, SPORT**



# Claim reopens Bock probe

**MICHAEL WARNER**

THE doping case against Nathan Bock was reopened yesterday after Stephen Dank's bombshell claim he supplied the then Gold Coast defender with the prohibited peptide CJC-1295.

ASADA said Dank's admissions about Bock would be "assessed" just days after the *Herald Sun* revealed the case had been closed.

"ASADA considers all information relating to potential anti-doping violations, and this new information, particularly its veracity, will be assessed by our investigation unit," a spokesperson said.

"Mr Dank's alleged admissions overnight are starkly at odds with his previous position

**COUNTER CLAIM**

**Dank says no Bock drug mystery — I bought CJC-1295**

**MICHAEL WARNER**

BANNED sports scientist Stephen Dank last night controversially said he had supplied former Gold Coast Suns star Nathan Bock with the prohibited peptide CJC-1295.

Dank told the *Herald Sun* he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with dry ice. He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who later

"I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson's house," Dank said.

"From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

Dank's statement came as ASADA yesterday insisted it was unable to establish if the drug Bock used was CJC-1295.

**CONTINUED PAGE 19**

Yesterday's *Herald Sun* back page.

on the matter, as ASADA notes he is currently appealing the AFL tribunal's finding he attempted to traffic CJC-1295 to the Gold Coast Suns.

"ASADA needs reliable evidence and testimony in order to be able to bring forward cases of possible anti-doping violations."

Dank told the *Herald Sun* on Tuesday night he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the

Gold Coast on a plane in a cooler bag packed with dry ice.

He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who taught Bock how to self-administer it.

"I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson's house," Dank said.

"From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

Asked whether there was any doubt the drug he supplied Bock was the WADA banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

Dank and the *Herald Sun* were contacted by ASADA yesterday seeking confirmation of Dank's admissions.

Bock allegedly injected himself with the drug, supplied by Robinson and Dank when they were employed by the Suns between December 16, 2010, and January 27, 2011.

Dank claimed he bought 10ml of CJC-1295 for Bock's use in December 2010.

ASADA said last Friday it had not gathered enough evidence to pursue Bock, now the coach of NEAFL club Southport Sharks.

michael.warner@news.com.au



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Herald Sun, Melbourne

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[back](#)





[back](#)

# Claims Robinson broke ranks with Essendon

## MICHAEL WARNER

ONE of the key architects of the Essendon drugs regime co-operated with the Australian Sports Anti-Doping Authority in the hope of avoiding doping charges.

Dean "The Weapon" Robinson agreed to give information to ASADA investigators just days after the Bombers scandal erupted in February 2013.

There was no formal agreement for immunity with ASADA but

Robinson assisted investigators on the basis of an "understanding".

Robinson has never been charged over his role in Australian sport's greatest scandal.

Asked yesterday whether an agreement had been reached with Robinson in exchange for his information, an ASADA spokesperson said: "You can quote the CEO (Ben McDevitt) as saying ASADA strongly

rejects claims relating to any deal with Mr Robinson."

Revelations of Robinson's dealings with ASADA come just days

after The Daily Telegraph revealed Nathan Bock had been cleared of doping, despite statements from the high-performance coach that he had given the former Gold Coast Suns star the banned peptide CJC-1295.

ASADA has failed to explain why Robinson has not been pursued over his involvement in the Bock case or the Bombers scandal.

Thirty-four past and present Essendon players also received doping bans in January.

Dank and Robinson worked together at the Suns in 2010 and

reunited at Essendon in late 2011 to help establish the Bombers' "pharmacologically experimental" drugs program.

Robinson was stood down by the

Bombers on February 5, 2013 – the day Essendon "self-reported" to ASADA and the AFL.

He then pocketed a \$1 million wrongful dismissal payment from Essendon in 2014 after issuing Supreme Court subpoenas against AFL chiefs Andrew Demetriou and Gillon McLachlan and Bombers bosses David Evans and Ian Robson.



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Daily Telegraph, Sydney

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 back



Dean Robinson  
with James Hird at  
Essendon training.



back

## ASADA to investigate Bock claim

### MICHAEL WARNER

THE doping case against Nathan Bock was reopened yesterday after Stephen Dank's bombshell claim that he supplied the Gold Coast Suns defender with the prohibited peptide CJC-1295.

The Australian Sports Anti-Doping Authority said Dank's contradictory admissions on Bock would be "assessed" just days after The Daily Telegraph revealed the case was closed.

"ASADA considers all information relating to potential anti-doping violations, and this new information, particularly its veracity, will be assessed by

our investigation unit," a spokesperson said.

"Mr Dank's alleged admissions are starkly at odds with his previous position on the matter, as ASADA notes he is currently appealing the AFL tribunal's finding that he attempted to traffic CJC-1295 to the Gold Coast Suns.

"ASADA needs reliable evidence and testimony in order to be able to bring forward cases of possible anti-doping violations."

Dank told The Daily Telegraph on Tuesday night he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to

the Gold Coast on a plane in a cooler bag packed with dry ice.

He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who taught Bock how to self-administer it.

Asked if there was any doubt the drug he supplied Bock was the WADA-banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

Dank and The Daily Telegraph were contacted by ASADA yesterday seeking confirmation of Dank's admissions about the incident.



## PEPTIDE CASE RE-OPENED

# ASADA's belated backflip on Bock

**CHIP LE GRAND**  
AUSTRALIAN FOOTBALL

The Australian Sports Anti-Doping Authority will re-examine four-year-old doping allegations against Nathan Bock after sports scientist Stephen Dank publicly admitted to supplying the retired All-Australian defender with a banned peptide while working with the Gold Coast Suns.

ASADA chief executive Ben McDevitt, having spent five days defending his organisation over its failure to pursue a prima facie case against Bock and former Gold Coast and Essendon high performance manager Dean Robinson, yesterday instructed his investigations team to assess Dank's claims.

The case against Bock was formally abandoned last year after an AFL tribunal handed Dank a life ban for multiple doping offences but cleared the self-styled sports scientist of trafficking the growth-hormone releasing peptide CJC-1295 to Robinson and assisting the use or attempted use of it by Bock.

"We ultimately accepted the AFL tribunal's decision regarding this matter — that there was insufficient evidence to prove that a prohibited substance had been supplied or used at the Gold Coast Suns," an ASADA spokeswoman told *The Australian*.

"As a result, we decided not to pursue that matter further."

McDevitt has previously described the AFL tribunal's judgment against Dank and the Essendon players as "fundamentally flawed".

Dank's admission that he supplied CJC-1295 to Bock buttresses a case that ASADA's own investigators believed was already stronger than the case against the 34 current and former Essendon players currently serving a two-year ban from sport.

Although Dank has little credibility as a witness, his comments contained in an interview with *Herald Sun* journalist Michael Warner support what Dean Robinson first told the Australian Crime Commission in 2012 and subsequently restated to ASADA and what Bock himself admitted to ASADA nearly three years ago.

Dank's admission, described by ASADA as "starkly at odds with his previous position on the matter", is consistent with evidence he gave under oath in the NSW Supreme Court earlier this year about overseeing injections of CJC-1295 to Cronulla footballers in March 2011, just three months after the Bock episode.

In both instances, Dank mistakenly believed that CJC-1295 was not banned under the World Anti-Doping Code.

It also opens a fresh avenue of investigation for ASADA, which until now did not know where Dank obtained the CJC-1295 he supplied to Bock. Dank says he sourced the peptides from the Belgrave Compounding Pharmacy previously owned by discredited pharmacist Maged Sedrak.

Sedrak was Dank's peptide supplier when the Toowoomba-born biochemist worked with Cronulla. The pharmacist was a key witness in ASADA's case against 17 current and former Cronulla players accused of taking two banned peptides, CJC-1295 and GHRP-6.



As part of the assistance he provided to ASADA, Sedrak took anti-doping investigators to his Kogarah pharmacy, in Sydney's south-west, and compounded vials of CJC-1295 to establish the bona fides of the peptides he provided to Dank.

In October 2014 Sedrak was found guilty of professional misconduct by a NSW Civil and Administrative Tribunal for his "gross departure from accepted medical practice" in dispensing growth hormone and other performance enhancing substances.

ASADA, in justifying its failure to initiate anti-doping proceedings against Bock, has this week referred to "numerous inconsistencies in the witness evidence" and "an absence of reliable, compelling evidence."

Compared to other allegations investigated following "the blackest day in Australian sport", the case against Bock is relatively straightforward. Robinson told ASADA that Dank provided Bock with vials of CJC-1295 in December 2010 to repair a chronic achilles injury.

Bock told ASADA he took the vials to Adelaide and injected himself over the Christmas break. Banking records obtained by ASADA show that Bock de-

*Continued on Page 35*

## ASADA's backflip on Bock

*Continued from Page 36*

posited \$800 into Robinson's account four days after he took possession of the peptides.

Robinson at the time was injecting himself regularly with CJC-1295 provided by Dank to alleviate the symptoms of chronic fatigue syndrome. He stored the peptides obtained by Dank in a fridge at his Brisbane house and demonstrated to Bock how to inject them.

ASADA's investigations team, in a report submitted to the organisations' lawyers in October 2013, made clear their view that Bock, Robinson and Dank had all clearly violated anti-doping laws. ASADA has taken no action since against either Bock, who currently coaches the Southport Sharks, or Robinson, who now works for KPMG.

As part of its renewed interest in the dormant Bock investigation, ASADA yesterday attempted without success to question Dank, who has refused for three years to be interviewed by the anti-doping body.

An ASADA investigator also made contact with Warner, the *Herald Sun* journalist. ASADA has previously been willing to rely on statements provided to journalists. An on-the-record comment by Dank to Fairfax reporter Nick McKenzie three years ago that he gave the banned peptide Thymosin Beta-4 to Essendon players was treated as reliable evidence by ASADA despite Dank's insistence that he misspoke during the interview.

Other than during that interview, Dank has consistently denied injecting Essendon players with TB4.



The Australian reveals Bock's predicament on Tuesday





14 Apr 2016  
Age, Melbourne

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[back](#)

# ASADA chief seeks more 'usable' evidence

**Samantha Lane**

Australian Sports Anti-doping Authority boss Ben McDevitt says his agency needs evidence in "usable form" if it is to prosecute retired AFL star Nathan Bock for doping.

In a statement to Fairfax Media, McDevitt has suggested any public proclamations by banned-for-life sport scientist Stephen Dank are virtually useless to ASADA, even in light of Dank's claims that he personally transported a banned drug for Bock's use.

"ASADA needs evidence in a useable form," McDevitt said late on Wednesday in a written statement to Fairfax after the agency announced it was re-opening its investigations into Bock who is retired from the AFL but continues to play and coach football.

The statute of limitations means that doping cases in any World Anti-Doping Agency abiding sport can be pursued from scratch – or in the example of Bock, re-examined or re-opened – for 10 years.

The re-examination

or re-opening of cases are typically initiated by the relevant national anti-doping body – in this case ASADA – and is often triggered by new sample analysis technology or method.

ASADA's re-opening of its investigation into the Gold Coast Suns' inaugural vice-captain Bock, who began his AFL career at the Adelaide Crows, has been triggered by claims Dank has made in the media.

McDevitt suggested on Wednesday that Dank's claims through the media that he personally purchased, and delivered, banned substance CJC-1295 to Queensland for Bock's use – while headline-grabbing – were of little use in an ASADA investigation. McDevitt made that statement after Dank refused again on Wednesday to provide the anti-doping agency with any information of import concerning Bock.

Dank has been scathing of ASADA throughout an ordeal that now sees him banned from all WADA code-abiding sports due to the injection program he ran at Essendon.

"Two people had a conversation last night and, allegedly, new evidence was revealed. One of those was Mr Dank, who has today once again refused to provide us with any information. The other was a journalist, and we have approached him to provide details," McDevitt said.

Dank has told News Corp that he bought CJC-1295 for Bock's use at a Sydney pharmacy in December 2010. Dank says he gave the banned drug to Dean Robinson, who was then working for the Suns as a fitness coach. According to Dank it was Robinson who taught Bock how to self-administer CJC-1295 via injection.

Critically, Dank has said he has no doubt that the drug he supplied Robinson for Bock's use was CJC-1295.

ASADA's doubt over whether the substance was in fact CJC-1295 was effectively how the agency's investigation into Bock failed, and has allowed him to continue playing and coaching football. ASADA's position before Wednesday was

that it did not have sufficient evidence to prove Bock used CJC-1295.

The agency's initial finding on Bock was a controversial contrast to the position it reached on 34 Essendon players. In that case ASADA was convinced the Essendon footballers used the banned thymosin



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back

beta-4 in an injection program run by Dank. While an AFL anti-doping tribunal did not concur, an appeal from WADA saw the not-guilty verdict effectively overturned and doping bans imposed on the current and former Bombers.

The so-called Essendon 34 are presently serving those bans but also appealing their case on a point of law through the Court of Arbitration for Sport. Bock, who retired from the Suns in 2013 after spending the last period of his tenure under ASADA investigation, had resumed playing and coaching football with Southport in Queensland.

**'Mr Dank ... once again refused to provide us with any information.'**

**Ben McDevitt**





# His reputation ruined, Dank craves relevance

**Caroline  
Wilson**



**S**tephen Dank's motivation in pursuing his vendetta against ASADA and the AFL and continuing to muddy the Essendon waters appears pretty clear.

The man clearly has very little left in his life now he has been shunned by Australia's football codes and is virtually unemployable in world sport. Nor are matters looking particularly encouraging for him on the legal front.

Despite the fact Dank would have us believe that dodgy testosterone practices will one day bring down some of the game's biggest clubs, and that his brief connections with Geelong, Gold Coast and Melbourne will continue to haunt them too, the fact remains his inconsistencies leave him without credibility.

Dank's scorched-earth policy has turned again on Gold Coast and Nathan Bock. His bombshell announcement that he provided a WADA-banned drug, CJC-1295, to

Bock via former fitness boss Dean Robinson came in a back-page media story, and to date he has refused to back it up to anti-doping authorities. Bock, who did not return calls from Fairfax Media on Wednesday, is coaching Southport on the Gold Coast. Robinson, who completed an MBA during what became a permanent sabbatical from football, is now working for KPMG and appears determined, after winning a \$1 million payout from Essendon, to "move on" from his unfortunate AFL/NRL past.

But Dank continues to fight for relevance despite his destroyed reputation. His allegations regarding Bock certainly beg the question regarding ASADA's decision not to actively pursue the former Gold Coast Sun, but should not change anything where the Essendon 34 are concerned.

That remains the only admitted systematic, dangerous and experimental drug program proven to have taken place in the AFL. That it also was found to have involved banned substances came after a weight of evidence gathered over hundreds of hours of interviews and investigations incomparable with the Bock situation.

Both Dank's revelations and Robinson's evidence where Bock was concerned did involve inconsistencies, including the alleged participation of the Gold Coast Suns' doctor. Even if some of his most recent News Ltd claims stack up, still he refuses to speak to ASADA, instead simply continuing to attempt to mock the authority.

But it is Dank who should remain the biggest laughing stock. He got thymosin beta-4 wrong, AOD 9604 wrong and now, he claims, CJC. In the case of thymosin he appeared to change his story after realising his error, and in the case of AOD he was fortunate that ASADA at some level also failed to notify the drug was not allowed.

Now Dank says he believed CJC was legal when he procured it.

In the case of this horrible drugs story, three strikes should apply.

Dank is so determined to destroy the reputations of those he believes brought him down and whom he says he cannot trust, he seems prepared to even turn the gun on himself.

To Gold Coast's credit that club removed him mercifully quickly. Another big difference between that club and Essendon.



[back](#)

# Bock, Bombers and baloney: what to believe?

**Greg Baum**



**T**he consistency in ASADA's pursuit of Essendon, but not of Nathan Bock, is that in both cases, Stephen Dank is hard to believe.

Dank denied administering a banned drug to Essendon, but a welter of circumstantial evidence contradicted him, and the Bombers went down – eventually. Dank now claims via media to have supplied a drug to Bock, evidently corroborating other testimony. But Dank continues to baulk ASADA's investigators, and so Bock has been left in peace – for now.

Who or whatever you lie down with, that explains what you wake up with. In both cases, the fulcrum is the discredited Dank. In an interview with The Age's Nick McKenzie in 2013, Dank cheerfully admitted to having administered TB4 to Essendon players. Told by McKenzie that it was on the banned list, Dank was taken aback. The next day, he said he had meant to say Thymomodulin, which is legal.

It was this volte-face that jurists at the Court of Arbitration for Sport could not get out of their minds as they worked through the case last summer. It is why Essendon and the players are in purgat-

ory now.

Three years previously, Dank now says, he had procured and delivered to Bock a drug called CJC-1295, which he also believed – erroneously – to be legal. This was reported on Tuesday as an admission by Dank, but it might just as well be looked upon as a claim. ASADA noted on Wednesday that Dank's story sits at odds with his appeal against an AFL tribunal finding that he tried to traffic CJC-1295 to the Gold Coast Suns. The distinction he wants us to swallow is that he trafficked to a Sun, but not the Suns.

When it comes to Dank, who ever would know? This is a man who refuses to give evidence to investigators or tribunals, preferring instead select media at strategic times, who changes his story, who already had lost a significant court action arising out of his work as a sports scientist, and who is not even a politician. Approached again on Wednesday about his latest claim/admission, ASADA says he refused to co-operate. It is as if he is intentionally creating chaos, lobbing the grenade, then ducking behind the barricade.

It is not as simple as to say that Essendon went down, so must Bock. As in any legal system, the prosecuting body must be certain that it has a sustainable case. Reportedly, ASADA has testimony from Dank offside Dean Robinson and from Bock himself about injecting CJC-1295. After ASADA has spoken to the journalist who disclosed Dank's allegation con-

cerning Bock, maybe it will choose to proceed against Bock.

Conspiracy theories do not add up. Why would ASADA not want to proceed? Its job is to pursue drug use in sport, aggressively. Why would the AFL not want ASADA to proceed? One player, now retired, represents much less of a headache to them than an entire club.

Meantime, Dank's smokebomb is having an effect, whether or not it is the one he intended. With each new revelation/claim/admission, the question further begs about Essendon's due diligence on Dank and Robinson. It is clearer than ever that Dank's modus operandi was to work close to the line, and that he was careless in watching for when it moved.

But Essendon's embarrassment is also the AFL's. How did this previously obscure and wholly unreliable man come to have such a Rasputin-like hold on the country's biggest sporting competition?



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[back](#)





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[back](#)

# Dank dark on Suns

## Sports scientist ready to act on alleged unfair dismissal

**Jon Pierik**

Sports scientist Stephen Dank has declared he will launch an unfair dismissal case against the Gold Coast Suns despite working there on a “handshake agreement”.

As the Australian Sports Anti-Doping Authority said it would re-open its case into his alleged trafficking of a banned drug to former Sun Nathan Bock, Dank has told Fairfax Media he is set to take action against the club where he said he spent four months from November 2010 until the start of the pre-season competition in 2011.

The Suns at the time had Travis Auld as chief executive, Guy McKenna as coach, Marcus Ashcroft as football department chief, doctor Barry Rigby and Dean Robinson, who would later reunite with Dank at Essendon, as high-performance chief.

“I will launch action. There is a no ‘could’ about that. We will be commencing action against the Suns. I was unfairly dismissed,” Dank said on Wednesday.

The Suns did not wish to comment. The club has previously said Dank spent six weeks at the club, but worked only five days.

Dank said he had worked at the Suns on a “handshake agreement” but had never been given any reason as to why he had been sacked. But he could face a challenge to his plans under unfair dismissal laws, among these being whether a statute of limitations had expired.

He said during his time at the club he had spoken about the team’s sports science program

with Auld, Robinson and Ashcroft. He said he was released on the eve of the Suns’ opening NAB Cup clash against the Swans at Blacktown Olympic Park.

“We came to Sydney ... to cut a long story short, I went to join the team at the hotel at Darling Harbour. Dean had rung me during the week and said there was an issue,” Dank said. “I said: ‘What was the issue?’ and he said: ‘Marcus wants to meet with you on the Friday night before the game’. Then I got there, he [Ashcroft] said: ‘We are releasing you’. I said: ‘Why?’ He said: ‘I can’t tell you. So we sat there for about 15 minutes and none of us could work this out.

“Dean looked at me and said: ‘I don’t know what this is about’.

“I don’t stay where I am not wanted so I just walked out. I should have sued straight away but I think this has ended up a lot better.”

After leaving the Suns, Dank had stints at Cronulla in the NRL, Essendon and Melbourne – the latter where he worked for about four months before the Bombers’ saga exploded in February, 2013. Dank is weighing up whether to release details of his time with the Demons.

During his time at the Suns, Dank delivered Robinson the peptide CJC-1295, which Robinson then gave to Bock to use. Dank alleges he was told by the ASADA in 2009 that the drug was not banned.

But he insists he has not contradicted himself by appealing the AFL anti-doping tribunal’s findings that he attempted to traffic the drug to the Suns, claiming there is a

deeper undercurrent to the case.

ASADA contacted Dank on Wednesday and it’s understood had asked him to sign an affidavit. He declined.

“Mr Dank’s alleged admissions overnight are starkly at odds with his previous position on the matter, as ASADA notes he is currently appealing the AFL Tribunal’s finding that he attempted to traffic CJC-1295 to the Gold Coast Suns. ASADA needs reliable evidence and testimony in order to be able to bring forward cases of possible anti-doping violations,” ASADA said in a statement.

The AFL imposed a lifetime ban on Dank after finding him guilty in April last year of 10 anti-doping breaches. These included trafficking, attempting to traffic and “complicity in matters” relating to a range of prohibited substances. These substances included hexarelin, humanofort and CJC-1295.

► **What to believe?** – Pages 44-45



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back

**AFL**

# Dank difficult to believe in both drug use investigations



**Greg Baum**

**T**he consistency in ASADA's pursuit of Essendon, but not of Nathan Bock, is that in both cases, Stephen Dank is hard to believe.

Dank denied administering a banned drug to Essendon, but a welter of circumstantial evidence contradicted him, and the Bombers went down – eventually. Dank now claims via media to have supplied a drug to Bock, evidently corroborating other testimony. But Dank continues to baulk ASADA's investigators, and Bock has been left in peace – for now.

Who or whatever you lie down with, that explains what you wake up with. In both cases, the fulcrum is the discredited Dank.

In an interview with Fairfax Media's Nick McKenzie in 2013, Dank cheerfully admitted to having administered TB4 to Essendon players. Told by McKenzie that it was on the banned list, Dank was taken aback. The next day, he said he had meant to say Thymomodulin, which is legal.

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When it comes to Dank, who ever would know? This is a man who refuses to give evidence to investigators or tribunals, preferring instead select media at strategic times, who changes his story, who already had lost a significant court action arising out of his work as a sports scientist, and who is not even a politician. Approached again on Wednesday about his latest claim/admission, ASADA says he refused again to co-operate. It is as if he is intentionally creating chaos, lobbing the grenade, then ducking away

behind the barricade.

It is not as simple as to say that Essendon went down, so must Bock. As in any legal system, the prosecuting body must be certain that it has a sustainable case. Reportedly, ASADA has testimony from Dank offside Dean Robinson and from Bock himself about injecting CJC-1295.

After ASADA has spoken to the journalist who disclosed Dank's allegation concerning Bock, maybe it will choose to proceed against Bock.



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[back](#)

## Agency denies Dons informer protected

**MICHAEL WARNER**

ONE of the key architects of the Essendon drugs regime co-operated with the Australian Sports Anti-Doping Authority in the hope of avoiding charges.

Dean “The Weapon” Robinson agreed to give information to ASADA investigators within days of the Bombers scandal erupting in February 2013.

There was no formal agreement for immunity with ASADA but Robinson assisted

investigators on the basis of an “understanding”.

Robinson has never been charged over his role in Australian sport’s greatest scandal.

Asked whether an agreement had been reached with Robinson, an ASADA spokesperson said: “You can quote the CEO [Ben McDevitt] as

saying ASADA strongly rejects claims relating to any deal with Mr Robinson.”

Revelations of Robinson’s dealings with ASADA come after it was revealed Nathan

Bock had been cleared of doping despite statements from the high-performance coach that he had given the former Gold Coast Suns star the banned peptide CJC-1295.

ASADA has not explained why Robinson has not been pursued over his involvement in the Bock case or the Bombers scandal. Thirty-four past and present Essendon players received doping bans in January.

Sport scientist Stephen Dank and Robinson worked together at the Gold Coast

Suns in 2010 and at Essendon in late 2011 to help establish the Bombers’ “pharmacologically

experimental” drugs program.

Robinson was stood down by the Bombers on February 5, 2013 — the day Essendon self-reported to ASADA.

He pocketed a \$1 million wrongful dismissal payment from Essendon in 2014 after issuing Supreme Court subpoenas against AFL chiefs Andrew Demetriou and Gillon McLachlan and Bombers bosses David Evans and Ian Robson.





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 back



**NO CHARGES: Dean Robinson** |



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# PEPTIDE TUR

## ASADA chasing Bock over Dank claim

**MICHAEL WARNER**

THE doping case against Nathan Bock was reopened yesterday after Stephen Dank's bombshell claim he supplied the then Gold Coast Suns defender with the prohibited peptide CJC-1295.

The Australian Sports Anti-Doping Authority said Dank's admissions surrounding Bock would be "assessed" just days after it was revealed the case had been closed.

"ASADA considers all information relating to potential anti-doping violations, and this new information, particularly its veracity, will be assessed by our investigation unit," a spokesperson said.

"Mr Dank's alleged admissions overnight are starkly at odds with his previous position on the matter, as ASADA notes he is currently appealing the AFL tribunal's finding that he attempted to traffic CJC-1295 to the Gold Coast Suns.

"ASADA needs reliable evidence

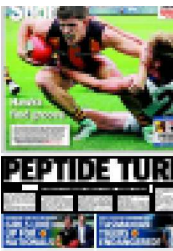
and testimony in order to be able to bring forward cases of possible anti-doping violations."

Dank revealed on Tuesday night he bought the drug at a Sydney compounding pharmacy in December 2010 and took it to the Gold Coast on a plane in a cooler bag packed with

dry ice. He said he gave the CJC-1295 to then Suns fitness boss Dean Robinson, who taught Bock how to self-administer it.

Asked whether there was any doubt the drug he supplied Bock was the WADA banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

**CONTINUED PAGE 42**  
**ROBINSON REVELATION: PAGE 42**



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back



**FROM BACK PAGE**

Dank and NewsCorp were contacted by ASADA yesterday seeking confirmation of Dank's admissions.

Bock allegedly injected himself with the prohibited drug, supplied by Robinson and Dank when they were employed by the Suns, be-

tween December 16, 2010 and January 27, 2011.

Dank claimed he bought 10ml of CJC-1295 for Bock's use in December 2010.

ASADA said last Friday it had not gathered enough evidence to pursue Bock, the current coach of NEAFL side Southport Sharks.

**BACK UNDER INVESTIGATION: Nathan Bock coaching the Southport Sharks.**

Picture: JERAD WILLIAMS



# Bock's coaching job under review

**DAN KOCH**  
AUSTRALIAN FOOTBALL

Nathan Bock's position as head coach of the Southport Sharks is under review after the Australian Sports Anti-Doping Authority reopened its investigation into allegations he used a performance-enhancing drug while playing for the Gold Coast Suns.

While the Sharks and the head of the NEAFL competition in which they play were reluctant to comment yesterday, apparently concerns were raised with Southport's front office regarding Bock's suitability or otherwise to remain at the helm while the ASADA investigation plays out.

Initially unable to find evidence sufficient to prosecute Bock, ASADA chief Ben McDevitt announced the reopening of

the case following the admission by disgraced sports scientist Stephen Dank that he provided Bock with the banned peptide CJC-1295 in 2010.

Dank said he gave the CJC-1295 to the Suns then fitness boss Dean Robinson, who taught Bock to self-administer it.

"I bought it at the Belgrave pharmacy in Sydney and delivered it to Robinson's house," Dank said. "From there, Robinson demonstrated to Bock how to use it and instructed him accordingly."

Asked whether there was any doubt the drug he supplied Bock was the WADA-banned CJC-1295, Dank replied: "No. There is no doubt in my mind."

Dank's admission, described by ASADA as "starkly at odds with his previous position on the matter", is consistent with evi-

dence he gave under oath in the NSW Supreme Court earlier this year about overseeing injections of CJC-1295 to Cronulla footballers in March 2011, just three months after the Bock episode.

The AFL and NEAFL are concerned by the public relations nightmare that awaits them should Bock be found to have a case to answer.

Bock arrived at the Suns with a poor reputation after pleading guilty to assaulting his partner in Adelaide in 2009. In 2011, he was banned for two games and fined \$10,000 over his role in sparking a betting plunge.

One AFL official close to the Sharks admitted the league had "serious concerns" about the character issues that have plagued Bock for several years but would be guided by ASADA in deciding any further penalty.

## KICKING GOALS IN CHINA P35



**Nathan Bock**

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back

## 'Everybody knew' Bock was more guilty than most on doping: Thompson

Former Essendon coach Mark Thompson has claimed "everybody knew" of the situation surrounding former Gold Coast vice-captain Nathan Bock (right), who was investigated for taking a banned substance. Asked about the latest messy developments in ASADA's investigations into banned drugs and AFL players - namely Bock - Thompson told Fox Footy's *AFL 360* program: "Everybody basically knew that, out of all the AFL players, that he [Bock] was probably more guilty than most. And for them [ASADA] to charge 34 [Essendon players] and not know who the 34 were ... and some obviously weren't guilty, but to know that someone that was almost guilty, and [for him] to get off, is a bit of a worry." ASADA has reopened its investigation into Bock, after Stephen Dank claimed through the

media that he had personally purchased and delivered banned substance CJC-1295 to Queensland for Bock's use. But the agency's boss, Ben McDevitt, has said ASADA can't prosecute Bock unless Dank comes forward with information, which the rogue sport scientist has refused to do.

► **A culture of silence** – Go online to read Samantha Lane's comment piece.





back

# A dozen injections for hurt footballer

**EXCLUSIVE**

**CHIP LE GRAND**

Gold Coast footballer Nathan Bock injected himself up to a dozen times with an unknown substance to hasten his recovery from injury, did not consult a doctor and lied about it when confronted by a club official after the Essendon doping scandal broke.

Dean Robinson and Stephen Dank, the two Gold Coast officials who supplied Bock with syringes and a small glass vial, say the bottle contained CJC-1295, a growth hormone-releasing peptide banned under the World Anti-Doping Code.

*The Weekend Australian* can reveal that when the retired footballer and current coach of the Southport Sharks injected the substance he followed an injection protocol written specifically for CJC-1295.

A two-page "CJC Usage Protocol" emailed by Robinson to Gold Coast doctor Barry Rigby and other medical and conditioning staff was devised by Darren Hibbert, a sports supplements supplier who under Dank's direction injected Cronulla's entire first-grade team with CJC-1295 and a second banned peptide dur-

ing the 2011 NRL season.

The protocol recommended twice weekly, subcutaneous injections. Bock told ASADA he injected himself twice weekly for between four and six weeks. ASADA for three years neither confirmed Bock was under investigation nor explained why it had not initiated proceedings. Last week, it revealed the case was abandoned due to "insufficient supporting evidence".

This is at odds with what the ASADA investigator in charge of the Bock case, former Queensland Police homicide detective Aaron Walker, told Gold Coast football operations manager Marcus Ashcroft in May 2013, at the height of the investigation. "We have got some pretty compelling corroborative evidence," Walker said.

A report submitted to ASADA's lawyers in October 2013 made clear the view of Walker and other investigators that a prima facie doping case had been established against Bock, Robinson and Dank.

Robinson, despite his central role in the Gold Coast and Essendon scandals, has not been charged with a doping offence. Dank, the sports scientist who oversaw injection regimes at Cronulla and Essendon, is serving

a life ban from sport.

The anti-doping authority is reluctantly re-examining the case against Bock after Dank publicly backed Robinson's central allegation: that he provided Bock with CJC-1295 in December 2010 as the AFL's new franchise club was preparing for its first season in the national competition.

*The Weekend Australian* today publishes material drawn from ASADA's brief of evidence in the Bock case. The documents include transcripts of interviews with the key witnesses, the CJC Usage Protocol and hospital records relied on by Dr Rigby to show he did not approve the use of CJC-1295.

The material does not prove Bock injected himself with a banned peptide. He maintains he does not know what he took. But the Bock files demonstrate why ASADA's investigators believed the case they built against the former Adelaide defender was stronger than that against any Essendon player.

Ashcroft told ASADA that, soon after the Essendon doping scandal broke in February 2013, he confronted Bock three times about whether he had taken anything supplied by Robinson. Bock told him he had not. He later admitted to ASADA that he lied to his boss. Bock told ASADA he

felt "deceived" by Robinson for risking his career and livelihood.

**SPORT P39**  
**PATRICK SMITH P39**



GLENN HUNT

**Bock at training this week**



back

## EXCLUSIVE: Inside the peptide scandal that started it all

“Do you know of anyone else who has used CJC?”

In a boardroom high above Melbourne’s legal precinct, Australian Sports Anti-Doping Authority investigator Aaron Walker’s question to Dean Robinson hung laden with portent, momentarily unanswered. Robinson shifted in his seat, glanced at his lawyer, then at Walker. “Um, can I grab you for a sec?”

For five minutes, the recording equipment was switched off while the ASADA and an AFL investigations team conferred with one of the key witnesses in the Essendon doping scandal. Once switched back on, it captured the moment that Robinson abruptly shifted the supplements saga to a place the AFL least wanted it to land.

“Yes, there was a player at the Gold Coast, Nathan Bock, that was provided a vial of CJC-1295 by Stephen Dank at my house.”

It was a Thursday morning, March 21, 2013. An ASADA and AFL investigation into the suspected use of banned peptides at Essendon was in its sixth week and

Robinson, the club’s former high-performance manager, was starting his third straight day of intense questioning about what happened at Windy Hill. For the next little while, he told a story not of Essendon, but the strongest doping case involving any AFL player in the entire saga; a case ASADA this week reluctantly reopened after failing to adequately explain why it never pursued charges against Bock and Robinson.

Nathan Bock was an experienced, broad-shouldered defender who, after 10 years with Adelaide, was recruited by Gold Coast at the

end of 2010 to help steer the club’s fledgling players through their first AFL season. He was a mature, capable footballer who, when fit, would keep the Suns’ backline together. The trouble was, he had arrived at his new club carrying a chronic achilles injury.

The AFL’s ambition was to establish its 17th team in one of

Australia’s most fickle sporting markets. Australian footy would go head-to-head with rugby league and soccer in a city that had a history of devouring the best laid plans of professional sporting clubs. It had invested \$200 million

in this goal. It was too big an investment to fail and Bock was too important to the Suns not to play.

Robinson, an in-demand strength and conditioning expert poached from Geelong to help build physically bigger, more resilient players at the Suns, joined the club with an early request. He wanted to bring his own team and he wanted that team to include sports scientist Stephen Dank, with whom he’d worked at Manly in the NRL.

Although the Suns didn’t pay Dank much — a paltry \$25,000 for a part-time consultancy — they

agreed. Shortly after Dank walked into Metricon Stadium, he and Robinson hatched an unorthodox treatment plan for Bock.

“Is there anything you know that we can give Nathan Bock?” Robinson asked Dank. “Yes there is — a substance called CJC.”

Robinson was already familiar with CJC-1295, a secretagogue which, when injected, releases growth hormone into the blood stream. Robinson had started injecting himself with the peptide to treat the symptoms of chronic fatigue. According to what Robinson told ASADA, Dank supplied him

with the peptide and had used the same substance on Manly players earlier that year. He would later administer it to Cronulla players and Sandor Earl, a former NRL player currently serving a four-year ban for multiple doping offences including taking CJC-1295.

At the time, Dank assured him the peptide was not covered by the World Anti-Doping Code’s banned list and was permitted for athletes to use.

Robinson said he stressed the need for the substance to be approved by Barry Rigby, the club

doctor, before they gave it to any players, and that Dank agreed.

What happened next remains a matter of dispute between Robinson and Rigby. Robinson told ASADA and still maintains that Rigby approved the use of CJC-1295 on Bock. Rigby flatly denies this. They agree that on December 7, 2010, Robinson emailed Rigby a document titled “CJC Use Protocol” setting out the properties and recommended usage of CJC-1295. The recom-

*Continued on Page 43*



Before Essendon, before Cronulla, Dean Robinson and Stephen Dank worked at the Gold Coast Suns, where they offered a banned peptide to players. One of those players, Nathan Bock, took what he was given. Yet the case against him was allowed to sit idle. Until this week. Today *The Weekend Australian* lifts the lid on the evidence that convinced ASADA's investigators, but not its chief Ben McDevitt, that Bock and Robinson had a case to answer. The previously unpublished material, drawn from Bock and Robinson's interviews with ASADA and AFL investigators, takes the doping scandal back to its origins: the summer of 2010. **CHIP LE GRAND** investigates

## THE BOCK FILE

"I am 31 years old, coming off a long-term injury and yeah, it obviously puts my career in massive jeopardy"

### THE PLAYER

**NATHAN BOCK**  
Retired AFL footballer and current coach of the Southport Sharks, who admitted to injecting himself up to a dozen times with an unspecified "amino acid" supplement. He did not consult with the club doctor and paid Robinson \$800 for the peptides, which he said he took to speed up his recovery from injury

Nathan Bock at training with the Southport Sharks this week

### THE CONDITIONER



**DEAN ROBINSON**  
Former high-performance manager with Geelong, Gold Coast and Essendon now working as an accountant. He told ASADA and AFL investigators of a night at his house, in December 2010, when Bock was given a six-month supply of the banned peptide CJC-1295

### THE BOSS



**MARCUS ASHCROFT**  
Three-time premiership player with Brisbane and the general manager of football operations for the Gold Coast Suns. Confronted Bock three times about his dealings with Robinson and each time Bock lied, saying he hadn't taken anything from Robinson

### THE DOCTOR



**BARRY RIGBY**  
Chief medical officer of the Suns. Robinson says he witnessed a meeting between Stephen Dank and Dr Rigby from which Dank emerged claiming he had Rigby's approval to use CJC-1295. Rigby denies ever meeting Dank and produced hospital records to show he wasn't at the club that day

### THE DETECTIVE



**AARON WALKER**  
Former Queensland Police detective who became the lead investigator in the case against Essendon players. Attended the interviews of Bock, Ashcroft and Robinson and wrote a 2013 report that concluded Bock, Robinson and Dank all had a doping case to answer for what happened at the Gold Coast Suns

### THE REGULATOR



**BEN McDEVITT**  
ASADA boss who took charge of the anti-doping body on May 12, 2014, nearly a year after Bock was interviewed. While ASADA pursued doping charges against Dank and the Essendon players, the body revealed a week ago it had closed the Bock case due to insufficient evidence. McDevitt has now reopened it





back

## Dank and the Gold Coast connection: Inside the peptide scandal that started it all

Continued from Page 39

mended usage was a twice weekly injection. Unbeknown to the doctor, the document had been prepared by Darren “the Gazelle” Hibbert, a supplements supplier and former track and field athlete who four months later would play a key role in the Cronulla scandal by injecting the entire first-grade team with two banned peptides, CJC-1295 and GHRP-6.

The CJC-1295 protocol wasn't all the doctor received from Robinson. That document was buried in a mountain of attachments comparing SARMS (selective androgen receptor modulators) to steroids and human growth hormone to CJC-1295 and discussing the claimed benefits of AOD-9604, a peptide Robinson and Dank injected into Essendon players, GHRP-6, Mechano Growth Factor and dozens of other, mostly banned substances.

Rigby said he didn't read the voluminous material, which was sent to other Gold Coast medical and conditioning staff. At the height of Dank's administration of undocumented substances at Windy Hill, Robinson sent the same material to Essendon doctor Bruce Reid. Like Rigby, Reid said he had no inclination to read it.

Robinson told ASADA that on December 15, he and Dank went to see Rigby at the club. Dank had printed out two A4 pages of the CJC-1295 protocol. Robinson left them to their meeting. “The door was shut so I don't know what happened inside that room. All I know is when Barry walked out of that room he was happy for the use of the substance.”

When Rigby was questioned by ASADA he provided a very different account. He said he never discussed with Robinson or Dank using CJC-1295 on Bock or any other player. He categorically denied ever meeting Dank, much less having a discussion about peptides with him. When he was told the day the meeting with Dank was said to have taken place, Rigby retrieved records from the Robina

Hospital Intensive Care Unit where he works. According to that week's timesheet, he worked from 8am to 4:30pm on the day in question.

When this was put to Robinson during a subsequent interview with ASADA, he conceded he might have got the date wrong but insisted that the meeting with Dank and Rigby took place and that Rigby approved the use of the peptide.

Dank and Robinson have bitterly fallen out since but in public comments this week, Dank backed this version of events; both to supplying Bock with CJC-1295 and obtaining the doctor's approval.

Whether the meeting took place or not, the next evening Bock dropped by Robinson's house to pick up his peptides. Dank was waiting on the back deck, enjoying the last of the Queensland sun.

Bock knew exactly why ASADA had come knocking. Four days before Aaron Walker, fellow investigator Matt Sheens and the AFL's Abraham Haddad came to the Southport offices of Bock's lawyer Chris Nyst to question him on May 17, 2013, the *Herald Sun* published a story reporting that he was suspected of injecting himself with CJC-1295 three years earlier. It took only a few questions from Walker for Bock to turn the conversation to that fateful night at Robinson's house.

“Well, obviously, why the interview is probably taking place, yeah, I was provided with a supplement from Dean Robinson who was employed at the Gold Coast Suns,” Bock said. “It was an injectable supplement. I was under the assumption that it wasn't a prohibited substance, from what I was advised. I asked him that specifically. To this day, I'm still not aware exactly what it was.”

Bock told the investigators that Robinson described it as an amino acid supplement. He said he'd heard of CJC-1295, but only in the

media after the drug scandal broke.

Nyst made it clear his client didn't want to answer questions and was only doing so because of the coercive powers embedded within his AFL playing contract. Yet, over the next hour and a half, Walker coaxed important details from the reluctant witness, who understood that a doping conviction would end his playing career and possibly cruel his coaching ambitions.

As Bock tells the story, his brush with performance-enhancing drugs started not with an achilles problem but the most mundane of training mishaps. One day as he was working through a pre-season drill, he collided with a teammate and fractured a finger. At first it was treated in the usual way — he was sent to hospital for X-rays and Rigby prescribed the standard rest period. Robinson wanted to try something a little different. He approached Bock and suggested there might be something more at play; a bone deficiency.

As evidence for this theory, Robinson cited Bock's broken finger and a heel fracture he sustained the previous season. He didn't examine Bock's X-rays or order any tests — he is not a doctor, anyway — but he offered an unlikely remedy.

“He had a supplement which could potentially prevent future fractures and whatnot.”

Bock said he took Robinson at his word. He didn't consult with the club doctor or seek another medical opinion. He said Robinson was unorthodox but had worked at successful clubs and seemed to know what he was doing. “I put a bit of trust into him,” Bock said.

Bock told ASADA he spent no more than half an hour at Robinson's place. Robinson's wife Tori and children were home when he arrived. Robinson, rather than Dank, did most of the talking. Robinson gave him a small glass vial and a packet of needle-like, in-



back

sulin syringes.

The peptides were from a supply Dank had brought up from Sydney in a cooler bag the previous day.

Dank says he obtained the peptides from the Belgrave Compounding Pharmacy, in the Sydney suburb of Kogarah.

At that time, Sydney was Dank's preferred hunting ground for peptides.

He got them from the Belgrave Compounding Pharmacy run by Maged Sedrak — "Madgy" as Robinson and Dank referred to him in text exchanges — and he got them from Walter Reynolds, a prominent supplier of steroids and peptides to bodybuilders, bikies and NRL footballers before his Castle Hill business was raided by NSW police in June 2011. Hibbert says he introduced Dank to Reynolds.

Robinson initially told ASADA he didn't know whether Bock had taken the peptides.

At the end of a marathon three-day interview, he was warned that providing a banned peptide to Bock could expose him to an anti-doping charge. He subsequently altered his story, introducing a further conversation with Bock, on December 30, in which he cautioned him against taking the peptides because of concerns they may breach the World Anti-Doping Code. According to Robinson, Bock told him he hadn't taken them.

Bock offered no such recollection to ASADA.

He said he took the peptides home and followed Robinson's instructions. In keeping with the CJC Usage Protocol distributed by Robinson, he injected himself into a fold of stomach skin twice a week for the next four to six weeks. Four days after the visit to Robinson's house, he transferred \$800 from his Westpac banking account to the high-performance manager.

He insisted it was common practice for footballers to pay for supplements provided by the club, although he agreed they were usually not so expensive. Robinson told ASADA he bought a six-month supply.

Bock said he threw the vial away before he finished it. Bock said that at the time, he had no reason to think the substance he was given might be banned. "I would always assume that anything that

was given by a club staff member, medical member or coaching, would always be obviously, ASADA and WADA approved."

He said he also assumed that Robinson had sourced the supplement through the club.

Walker told him the vial had been supplied by Stephen Dank. And then he told him something else.

"Dean Robinson has stated that the substance that you were provided with at his residence was CJC-1295."

Walker: "As a professional footballer, do you understand the significance of potentially using a WADA prohibited substance?"

Bock: "Yeah."

Walker: "Do you think that Dean Robinson providing a supplement to you put that livelihood at risk?"

Bock: "Yeah, definitely."

Bock said he felt deceived by Robinson. He was also complicit in a deception of his own.

When the biggest drug scandal in Australian sport broke in February 2013, the Gold Coast Suns feared they might have a problem. Bock was not the only Suns footballer Robinson had offered a banned peptide to. According to Robinson, on the same day he approached Bock, he approached two other senior players, Campbell Brown and Josh Fraser. Both declined to take part in the treatment but, once Essendon held their February 5 press conference to announce they were under investigation by ASADA, word soon reached Gold Coast coach Guy McKenna that Bock might also be in trouble. McKenna asked

Suns football manager Marcus Ashcroft to check it out.

Ashcroft said he confronted Bock on three separate occasions to elicit the truth. On each oc-

casional he failed, with Bock sticking to an increasingly untenable story that he had not taken anything given to him by Robinson.

"I went to Nathan and asked him quite specifically ... is there anything remotely that has happened, that you've been offered anything or you've gone outside of the rules or anything that has sort of, looked remotely illegal? And he's, to my face, categorically said no, there was nothing at all. He said Dean suggested to him but he said no," Ashcroft said.

Bock told his boss that Robinson had offered him an amino acid.

"He said he knocked it on the head right there and then. And that was it."

Ashcroft was the man in charge of the entire football department of the Gold Coast Suns — its coaches, its players, its staff. The first time he learned that Bock was suspected of taking the banned peptide CJC-1295 was May 17, 2013, the morning of Bock's interview with ASADA, when Ashcroft was also questioned by investigators. Walker told Ashcroft that CJC-1295 was banned and that Bock had paid for it out of his own pocket.

"We have got some pretty compelling evidence," he said.

Bock confirmed to ASADA that he lied to his boss.

He was armed with legal advice to keep quiet and plagued by the possibility that he had doped; a possibility that haunts Bock and ASADA to this day.



# Dank's claim another strand in the cable

**PATRICK SMITH**  
AUSTRALIAN FOOTBALL



Jobe Watson is the 2012 AFL Brownlow medallist. Whether he is for much longer is in the hands of a Swiss court. But had the former Bomber captain been the only person charged with an ASADA violation at Essendon there is little doubt he would be playing today and giving the orders to his teammates.

The ASADA case against one Essendon player was not as strong as it was against the 34 of them who trained under coach James Hird and his high-performance team headed by Dean Robinson and Stephen Dank back in 2012.

When WADA appealed the AFL tribunal decision not to charge the players, the world body argued all the evidence formed “strands in a cable”. That is the accumulation of evidence considered in the prosecution of the 34 players was enough to comfortably satisfy the Court of Arbitration for Sport appeal panel that the Essendon players had been given the banned substance Thymosin Beta-4.

That was not the case with Gold Coast defender Nathan Bock, who was not even charged by ASADA despite what appears to be compelling evidence. Nor could the AFL tribunal be comfortably satisfied that Bock had been given the banned drug CJC-1295 to treat his injuries when he joined the club in 2010.

Even though the tribunal found Dank guilty of attempting to traffic CJC-1295 to support staff of the Suns, it was not comfortably satisfied that Dank was complicit “in connection with the use or at-

tempted use of a prohibited substance, namely CJC-1295, by a player at the Gold Coast Suns Football Club, in December 2010”.

In short, the AFL tribunal was not convinced that the substance given to Bock was CJC-1295. Which means it would have been pointless to charge Bock with taking CJC-1295.

The Bock case has been reopened after Dank this week said he had given Robinson CJC-1295 and that was the banned peptide the Gold Coast high-performance boss gave to Bock to inject. Conveniently, Dank claims that he did not give Essendon players any illegal performance-enhancing drugs. Dank has again refused to be interviewed by ASADA despite his assertion this week.

Dank is Australian sport's biggest villain. No one knows exactly what he gave the Essendon footballers and thus their health is monitored regularly. What is certain is the sad fact that he forced 48 young men, their partners and families to put their lives on hold

for four years thanks to his cheating or ignorance.

This week Dank told the *Herald Sun*: “I don't know why they couldn't establish that it was CJC-1295 when they think they've established that I gave (Essendon players) Thymosin Beta-4, which they can't,” he said.

Asked if he was sure that the peptide he gave Robinson was CJC-1295, Dank said: “There is no doubt in my mind.”

The AFL tribunal has shown it doesn't care much for what is in the mind of Dank no matter how fervently he states his case and how believable and indisputable it sounds. He is banned from sport for life. What the AFL tribunal and ASADA had to know to their comfortable satisfaction was the drug injected by Bock actually was CJC-1295. ASADA will look closely, but surely cynically, at

Dank's claim because he previously fought charges that he trafficked CJC-1295 to Robinson to Bock.

Dank is an erratic man. He was sacked by the Gold Coast Suns but said this week he would sue for wrongful dismissal. Boom. Boom.

In a 2013 interview, Gold Coast boss of football Marcus Ashcroft told ASADA investigators why Dank was dismissed. “I've been hearing things about Steve and what he'd been saying about our club. Bad-mouthing the way we do it, we do things. And bad-mouthing our coach. So, the first time you sort of let it go a little bit. And once I heard it the second time, I made some inquiries to people in the industry and it was in fact true.

“And then when you think that we're trying to establish a club that was based on values and everything else, we just couldn't afford to have anyone that was going to try and undermine anyone in the program.”

Nonetheless Dank's claim that the peptide he gave Robinson was CJC-1295 is a strand in a cable. Of what strength and integrity will be examined by ASADA.

Robinson told ASADA investigators in 2013 that Dank had provided him with CJC-1295 and that he showed Bock how to inject it. And Bock confirmed to Robinson that he used the drug twice a week. Robinson later revoked this statement, claiming Bock had told him he did not take the substance. And until this week they were the strands and neither ASADA — nor the AFL tribunal — could knit them into a cable.

What is not a strand, according to ASADA, are reports this week that in a confidential document ASADA investigators recommended charges against Bock in October 2013. ASADA claims that a report with those recommendations does not exist.

To reports that ASADA was just too busy to move against Bock



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Page 2 of 2

and Robinson, the authority states that apart from the 49 (Dank plus 34 AFL players and 14 NRL footballers) charged under Operation Cobia there have been a further 116 sanctions in 20 different sports.

*Continued on Page 43*

## **Dank's claim in drug saga another strand in the cable**

*Continued from Page 39*

**The Bock case was not pursued after 2013 but an ASADA official confirmed with *The Weekend Australian* the investigation into Robinson remains open, debunking a report this week that Robinson had cut a deal with ASADA.**

**ASADA said this week it “chose not to appeal those findings. Allegations need to be corroborated with other**

**evidence to be proven. In the matter of the Gold Coast Suns, despite thorough investigations, there was insufficient supporting evidence.**

**“In comparison, other cases pursued as a result of Operation Cobia have been supported by an accumulation of convincing evidence including scientific analyses, corroborating statements from multiple parties and text messages discussing prohibited substances.”**

**So in April 2016, six years after Bock joined the Suns with a wobbly achilles, the matter is back with ASADA which must decide whether another Dank strand a cable makes.**



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[back](#)

# Bock was suspected way before the blackest day

**EXCLUSIVE**

**CHIP LE GRAND**

A senior player at the AFL's franchise club, the Gold Coast Suns, knew before the blackest day in Australian sport that he was suspected of taking a banned peptide supplied by self-styled sports scientist Stephen Dank and fitness guru Dean Robinson.

Nathan Bock, a retired AFL footballer now coaching the Southport Sharks in the North East Australian Football League, was summonsed to an Australian Crime Commission hearing in 2012, the year before the scandal broke, and questioned about his dealings with Robinson and Dank.

Bock's involvement in Project Aperio, an ACC examination of the links between professional sport, organised crime and performance-enhancing drugs, was alluded to by his lawyer Chris Nyst during Bock's interview with anti-doping and AFL investigators.

Bock has admitted to injecting himself up to a dozen times with a substance described to him by Robinson as an amino acid supplement. Robinson told the Australian Sports Anti-Doping Authority and the AFL he gave Bock a vial of CJC-1295, a growth-hormone-releasing peptide banned in sport.

Bock was questioned by ASADA and the AFL on May 17, 2013, about three months after the ACC published the findings of Project Aperio on the so-called blackest day in Australian sport.

Towards the end of a 90-minute interview, Bock was asked by ASADA investigator Aaron Walker when he first realised that he may have been given a prohibited substance by Robinson, the Suns' high-performance manager during Bock's first year at the club.

Nyst responded to the question by requesting a short break in the interview. When the interview resumed, he said his client had been called to a previous hearing.

"I think the question was when Nathan first had any suspicions that there was something untoward about this? He received a summons to go to a hearing that we can't give any further details (about) at the moment. At that hearing ... some suspicions were enlivened," Nyst said.

The ACC can compel anyone to attend a hearing and answer all questions truthfully. Witnesses have no right to silence, even to questions that might implicate them in a crime or doping offence. However, information obtained by the ACC cannot be used in criminal or anti-doping proceedings.

At the time of Bock's examination by the ACC, Robinson had already told the powerful crime-busting body that he and Dank provided the Gold Coast defender with CJC-1295 in December 2010.

Dank and Robinson mistakenly believed — and assured Bock at the time — that the substance was permitted under the World Anti-Doping Code.

Robinson told Bock that the club doctor, Barry Rigby, had approved the use of CJC-1295. Dr Rigby categorically denies approving the use of the substance.

Bock was confronted in February 2013 by the Suns football operations manager Marcus Ashcroft and separately by senior coach Guy McKenna about his dealings with Robinson. He lied to both officials, insisting he had not taken anything supplied by Robinson.

ASADA says it had insufficient evidence to initiate anti-doping proceedings against Bock. It has

now reopened its investigation into the Gold Coast affair.



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 back



GLENN HUNT

**Nathan Bock in his role as coach of Southport Sharks**



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back

## Cats in clear during Robinson's reign, says president

Jon Pierik

Geelong president Colin Carter says a forensic audit of the club's accounts stretching back a decade found the Cats had nothing to worry about during Dean Robinson's tenure.

Robinson's role in the AFL's anti-doping saga has again been scrutinised as the Australian Sports Anti-Doping Authority prepares to review whether Nathan Bock was given an illegal substance by Robinson and sports scientist Stephen Dank during his time with the Gold Coast Suns.

ASADA will move only if new evidence is officially presented.

Robinson was the fitness chief with the Suns at the time, having previously been the strength and conditioning coach with Geelong between 2007 and 2010. Robinson would later leave the Suns and work with Dank during their ill-fated supplements program at Essendon.

Carter, speaking on Channel 31's *Footyology*, said the Cats had been assured they had nothing to worry about regarding Robinson's tenure during their premiership years under Mark Thompson.

"First of all, there were searching questions asked of Geelong,

The AFL did a forensic audit on us, Deloitte's forensic audit team came in [in 2013], and every email for 10 years was investigated and absolutely nothing was found," Carter said on Tuesday.

"Dean Robinson, who I barely knew, I met him just after I got involved in the club. You have to remember he went to the Gold Coast on the recommendations from Ken Hinkley and Gary Ablett and then went to Essendon on the basis of recommendations from Mark Thompson and Brendon McCartney. Dean Robinson was regarded as a good soldier and a good contributor to our club but he wasn't in charge of a whole area.

"I am not in a position to say who and where and under what circumstances people lost their way but that period at Geelong has been absolutely looked at and it was impeccable. And contrary to what sometimes appears in the paper, Stephen Dank had never been employed by the Geelong Football Club."

Carter, one of the sport's shrewdest presidents who, as a consultant, encouraged the then VFL in 1985 to expand interstate and merge Melbourne teams, said the Bombers' stance in the past

three years had meant the saga had "hung around like a stain probably longer than it needed to". But he said the Bombers had taken important steps in recent times.

"Their reputation was obviously damaged, and the reputation of the AFL was obviously damaged, but I think they have made a lot of progress this year," he said.

"In part that was because of the spirited response by their players on the field, and there is a general acceptance and respect for [coach] John Worsfold. I think he is a really good character and a person who can really lead them out of that.

"It's not fair for those of us who aren't part of the process to have too strong a view about how Essendon handled that but I am not a fan of how the club handled that through that period."



Dean Robinson at Essendon.



# Suns supplements adviser named in ASADA papers

## EXCLUSIVE

CHIP LE GRAND  
AUSTRALIAN FOOTBALL



The owner of a bodybuilding gym who provided Gold Coast Suns players with supplement and nutrition advice ahead of the club's first AFL season is named in a confidential ASADA document as a possible peptide customer of Stephen Dank.

One of the peptides Dank ordered for the former Suns adviser was CJC-1295, the banned substance with which Gold Coast recruit Nathan Bock is suspected of injecting himself up to a dozen times to speed his recovery from a chronic achilles injury.

The revelation raises further questions about ASADA chief executive Ben McDevitt's decision not to pursue a doping case against either Bock or former Geelong, Gold Coast and Essendon high-performance manager Dean Robinson, who has admitting to providing a vial of CJC-1295 and syringes to Bock.

Dank's customer, a prominent figure in the bodybuilding industry who *The Australian* has chosen not to name, was introduced to the Suns in late 2010 by Robinson, who also convinced the AFL's prized expansion club to hire sports scientist Dank as part of his high-performance team.

Although he was never put on staff or paid by the Suns, the nutrition adviser was listed alongside Dank and other new club appoint-

ments in an email sent by Suns football operation manager Marcus Ashcroft to all club staff in

January 2011, as the club was counting down to its inaugural season.

At the time, in addition to running two gyms, he was working as a sales representative for a leading sports supplement brand. It is understood he agreed to develop supplement programs for each of the Gold Coast players, measure their body fat and provide dietary advice as part of an arrangement with Robinson.

The former Suns adviser told *The Australian* he had a limited involvement with Gold Coast which ceased in February 2013, when the Essendon drug scandal broke. The Gold Coast, like many clubs, stopped using supplements that for years had been deemed safe and permitted for athletes to use.

He denied receiving any peptides from Dank, ever using peptides, or ever advising an athlete to take them. "I never got anything and I never would have talked to any athletes about something like that because I would have lost my job," he said. "The whole peptide thing was the worst thing that could happen to our industry."

ASADA investigators obtained a series of 2012 text messages between Dank and Adam Van Spanje, a former director of a peptide-selling business that traded as the Medical Rejuvenation Clinic (MRC), in which Dank places a peptide order in the name of the gym owner.

The order included CJC-1295 and Hexarelin, both banned peptides that stimulate the production of human growth hormone, and Mechano Growth Factor, an alternative to steroids that is also banned under the World Anti-Doping Code. At the

time, all three substances were legal to take with a script and available online from the MRC and other peptide sellers. Van Spanje confirmed the identity of the former Suns adviser during a December 2013 interview with ASADA investigators John

Nolan and Mark Nichols, who were overseeing the AFL and NRL sides of Operation Cobia, an investigation into the use of peptides and growth hormones at professional football clubs.

"Am I to take it from that, that's just a routine transaction relating to patients for MRC?" ASADA investigator John Nolan asked Van Spanje.

Van Spanje: "Well, I guess they are."

The information obtained by ASADA does not establish that the gym owner was ever supplied peptides, only that Dank and Van Spanje discussed an order purportedly for him. ASADA did not question the gym owner about his dealings with Dank. *The Australian* is not suggesting the gym owner supplied peptides to Suns players or any other athletes.

Robinson maintained his ties with the club's nutrition adviser after he left the Suns and went to Essendon. In December 2011,

when Essendon was in Queensland on a training camp, Robinson arranged for the Bombers' squad to train at one of his gyms. By that stage, both Robinson and Dank were on Essendon's payroll.

The previously unreported link between the former Suns nutritionist, Dank, Van Spanje and the MRC follows Robinson's March 2013 admission he took CJC-1295 and provided it to Bock, Bock's admission in May 2013 that he injected himself with whatever Robinson gave him and





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Dank's public comments this month confirming Robinson's account of what happened at the Gold Coast.

ASADA this month said proceedings against Bock were not pursued due to insufficient evidence. It has not explained why a prima facie case against Robinson for trafficking CJC-1295 was not pursued. It has reopened its investigation into the Suns after Dank's public comments.

**NATHAN BOCK**

To: Marcus Ashcroft From: Gold Coast Staff  
Sent: Friday 14 Jan 2011, 15:57:58

All GC Suns Staff,  
As announced last Monday the football department has now completed its full time staffing for 2011 with the appointment of Kristy Hamson as our Administration Assistant.

There have also been some additions to our part time and casual staffing to supplement our football program as we enter our inaugural 2011 AFL season. You may have already seen some different faces around the change rooms, the new additions include:

- Cal Burns (Exercise Science Assistant)
- Adrian Watkins (Research Assistant)
- Mick Riddle (Reserves Chaplin)
- [REDACTED] (Nutrition)
- Steve Dank (Sports Science Assistant)
- Adrian Smith (Reserves Assistant Coach)
- Cam Ferguson (Conditioning/Academy Assistant)
- Mark Andrews (Sports Science Committee Advisor)

Regards,  
Marcus Ashcroft  
General Manager  
Football Operations  
Gold Coast Suns

**STEPHEN DANK**

**EXCLUSIVE: Inside the peptide scandal that started it all**

**THE BOCK FILE**  
"I am 31 years old, coming off a long-term injury and youth. It obviously gets my career in massive jeopardy."

**THE PLAYER**  
NATHAN BOCK  
Served A1E footballer and current coach of the Southport Sharks, who admitted to supplying himself with a dozen doses with an unspecified amount and approved. He did not consult with the club doctor and paid Robinson \$8000 for the peptides, which he used to look to speed up his recovery from injury.

**THE BOSS**  
MIKE'S SHIRAZI  
Former high performance manager with Queensland, Gold Coast and Easterns now with the Gold Coast Suns.  
ASADA and AFL investigated a month in his house in December 2010, with a 10-page search slip of the found peptide CJC-1295.

**THE DOCTOR**  
BARRY BERRY  
Club medical officer of the "best" Robinson says he witnessed a meeting between Stephen Dank and Dr Barry Berry which Dank's lawyer claiming he had rights approved to see CJC-1295. Berry denies ever meeting Dank and produced hospital records to show he would not be on the Gold Coast.

**THE CONDITIONER**  
FRAN ROBINSON  
Former high performance manager with Queensland, Gold Coast and Easterns now with the Gold Coast Suns.  
ASADA and AFL investigated a month in his house in December 2010, with a 10-page search slip of the found peptide CJC-1295.

**THE DETECTIVE**  
STEVE WALKER  
Former Queensland Police officer who became the best detective in the case against Robinson, identified the peptide Bock, Ashcroft and Robinson and even a PDF report that contradicted Bock, Robinson and Dank had a 10-page search slip to cover for what Robinson of the Gold Coast Suns discovered of the Gold Coast Suns.

**THE REGULATOR**  
BEN MCHENRY  
ASADA man who took charge of the anti-doping body in May 2011, shortly a year after Bock's admission. While ASADA pursued a report from Robinson and the Express photo, the book revealed Bock used a 10-page search slip to cover for what Robinson of the Gold Coast Suns discovered of the Gold Coast Suns.

**Dank admission on Bock puts heat on ASADA**

CHIP LE GRAND  
REPORTS

Stephen Dank, the central figure in the AFL and NRL drug scandals, has admitted to administering a banned peptide to Gold Coast recruit Nathan Bock in the lead-up to the four-test season in the AFL.

Dank, a husband and self-styled sports scientist who is investigated in a report that brings front-page headlines to the Australian, admitted to supplying to Bock a banned substance while working with Gold Coast and Queensland's ASADA investigation. Dank's lawyer says the ban on the peptide was lifted by ASADA in 2010, but ASADA says it was never lifted.

Dank's admission follows a report by Robinson, a former high performance manager with Queensland, Gold Coast and Easterns, who was investigated by ASADA and AFL in December 2010. Robinson's report, which was a 10-page search slip, revealed Bock used a 10-page search slip to cover for what Robinson of the Gold Coast Suns discovered of the Gold Coast Suns.

Robinson's report, which was a 10-page search slip, revealed Bock used a 10-page search slip to cover for what Robinson of the Gold Coast Suns discovered of the Gold Coast Suns.



## MANLY'S FORMER SUPPLEMENTS PROVIDER MAKES SHOCKING DRUGS CLAIM

# I spiked NRL premiers: Hibbert

CHIP LE GRAND  
BRENT READ

RUGBY LEAGUE

A custom-made sports drink provided to Manly during their 2011 premiership season contained a banned endurance-boosting substance, the club's former supplements provider Darren Hibbert has claimed.

The new doping allegation, if true, means that some Sea Eagles players may have been unwittingly doped.

The substance at the centre of Hibbert's claims is Myo-inositol Trispyrophosphate, more commonly known as ITPP. It is notorious in thoroughbred, harness racing and greyhound racing for its performance-enhancing qualities and is banned by the World Anti-Doping Agency for use by athletes.

The substance is being developed as a radical new anti-cancer drug and has not been approved for human use.

Hibbert, a retired sprinter, had an association with Manly from 2004 to 2011 as a sales rep for supplement maker Advanced Sports Nutrition. He played a central role in the Cronulla doping scandal when, under the direction of sports scientist Stephen Dank, he injected Sharks players with banned peptides.

Hibbert claims he added ITPP to "the Mix", a custom-made sports drink he developed and supplied to Manly, towards the end of the 2011 season.

"I doped Manly and they didn't know," he told *The Australian*.

It is not suggested that any Manly players were aware or deliberately took a banned substance or that any Manly officials were aware that ITPP was being used.

Manly chief executive Joe Kelly, who joined the club well after the 2011 season, said he was unaware of the allegations. The NRL said it would reserve any

comment until it had spoken to the Australian Sports Anti-Doping Authority.

Graham Lowe, Manly chief executive until April 2011, said Hibbert's claims were rubbish.

"The guy is dreaming. I can't even remember him to be honest. We were absolutely thorough with our testing," he said.

Former ASADA chief executive Richard Ings said the allegations were serious.

"Information that a substance that ASADA acknowledges is prohibited was allegedly distributed to professional rugby league players in a premiership winning team is sufficient to warrant an investigation," Ings said.

*The Australian* has obtained a tax invoice showing that Manly took receipt of 3kg of the Mix on September 10, 2011 — before the club's successful finals campaign and grand final victory against the New Zealand Warriors.

Hibbert said he sourced ITPP from Colin Murphie, an associate of convicted steroid trafficker Walter Reynolds. Murphie is understood to have obtained the substance from Maged Sedrak, a compounding pharmacist who supplied banned peptides used by Penrith's Sandor Earl, members of the Cronulla team and, also allegedly, Gold Coast Suns recruit Nathan Bock.

The sports drink was manufactured at DFC Thompson, a Sydney-based food packaging company Hibbert used as part of his former day job as a sales rep for Advanced Sports Nutrition, a supplement company used by AFL and NRL clubs including Manly, Essendon and Cronulla.

He said he personally supervised adding ITPP in powdered form to the Mix, which was pack-

aged in white, unlabelled plastic tubs. He said he then took the supplements to Manly's Narrabeen training base and provided them to the club's conditioning coach Donny Singe.

Singe last night refused to say what was done with the Mix but denied it was used as a pre-match drink. "I have been through this with ASADA and cleared everything and done a lot of research myself to make sure everything was above board," Singe said.

"I am not interested in Darren Hibbert and I am not interested in anything back there. If I get a call from ASADA, as I did, then I will deal with that."

Murphie, a bodybuilder who served a four-year jail term for child sex offences, died last year at the age of 56. The Pharmacy Council of NSW revoked its approval for Sedrak's business after he was found guilty of professional misconduct for improperly dispensing human growth hormone and testosterone.

Hibbert claimed he started adding ITPP to Manly's sports

*Continued on Page 34*



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St George Illawarra coach Paul McGregor with his players before the Anzac Day game against the Roosters, the day after he was arrested for drink-driving



29 Apr 2016

The Australian, Australia

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[back](#)

# I spiked the 2011 premiers: Hibbert

*Continued from Page 36*

drink formula after he and Dank experimented with the substance on a Cronulla footballer in 2011. The day after Dank administered the player a single, intramuscular injection of ITPP, he played one of the best matches of his NRL career.

Hibbert said the ITPP had such a dramatic impact on the player's performance he and Dank decided not to risk injecting it again. "We were frightened to use it," he said. "We thought it was too obvious."

Instead, Hibbert arranged for the substance to be added to his lemon-flavoured sports drink, which is a mix of amino acids, electrolytes, creatine and vitamins.

Hibbert said his understanding is that some but not all players used the Mix as part of their match-day preparations.

Hibbert said that in addition to supplying the powdered drink to Manly, he sold it directly to individual players.

Manly staff including Singe, coach Des Hasler and club doctor Nathan Gibbs were unaware that the Mix contained ITPP.

ITPP facilitates the release of

more oxygen from red blood cells into surrounding tissues, making it a wonder drug for fatigued footballers.

An ASADA spokeswoman said ITPP was considered a hypoxia-inducible factor (HIF) stabiliser, a class of substance included on WADA's prohibited list since January 1, 2011.

Text messages obtained by ASADA and seen by *The Australian* show that in November 2011, Dank made inquiries with Melbourne compounding pharmacist Nima Alavi about sourcing ITPP.

Alavi confirmed Dank's interest in obtaining the substance during an interview with ASADA in April 2014. "ITPP, I don't really know much about that but he did ask on several occasions to source this for him." Alavi told *The Australian* he had never compounded ITPP.

Hibbert has steadfastly refused to be questioned by anti-doping authorities.

Manly were investigated and cleared by ASADA for the suspected use of peptides during the 2010 season, when Dank was working at the club.